

Housing Request for Emotional Support Animal (ESA)

ESAs commonly kept in households: dog, cat, small bird, rabbit, hamster, gerbil, other rodent, fish (10 gal. tank limit), turtle, or other small, domesticated animal traditionally kept in the home. Reptiles (other than turtles), barnyard animals, monkeys, kangaroos, and other non-domesticated animals are not considered common household animals.

Type of Animal: _____

Information for students seeking accommodations and medical providers:

The Student Access and Resource Center (SAR Center) complies with all federal and state disability laws to ensure equal access for qualifying individuals with a disability to educational programs, services, and activities. Registration with the SAR Center as a student with a disability and a complete intake appointment is required.

To determine reasonable accommodations for housing, the SAR Center requests documentation of the student's condition from their treating licensed clinical professional or health care provider. **The qualified provider must be thoroughly familiar with the student's condition and functional limitations and must make a direct connection between the requested accommodation and the student's current functional limitations. The qualified provider completing this form cannot be a relative of the student, and the office where the student was treated must be located in Texas, in the student's state of permanent residence or if a tribal services provider where the student was diagnosed and treated.**

***Internet certificates or any other internet-acquired documentation will not be accepted.** In lieu of this form, a letter from your treating provider will be accepted if it addresses all questions below.

* While a diagnosis is not required for an ESA, a diagnosis **is required** when seeking consideration for academic accommodations. Please contact your treating provider to submit separate documentation listing your diagnosis or they may list it here: _____.

*All documentation submitted to the SAR Center is considered confidential.
The SAR Center may share minimal information with appropriate University staff to process the request.

I authorize The University of Texas at Arlington SAR Center to receive documentation and speak to my current, licensed, qualified clinical professional or health care provider.

Name of Qualified Provider: _____
Print Name of Medical Provider

Student Signature: _____ Date: _____

Student's Name: _____

Date of Birth: _____ Student ID Number: _____

Student's requested accommodation to begin the following semester:

☐ Fall ☐ Spring ☐ Summer Year: _____

Provider Information:

Name: _____

Title: _____

Phone Number: _____

License/Certification Number and Expiration date: _____

Signature: _____

Date: _____

Please provide answers to the following questions:

1. Is the ESA necessary in order for the above-named student to have the same opportunity that a student without a disability has to use and enjoy the residence?

2. How long do you expect the student to be limited by their disability-related impacts in their housing environment? (example: will this be ameliorated prior to coming to campus, within the first three months of being on campus, etc.)

3. Please summarize how the student is/will be substantially limited in the housing environment by their disability-related impacts.

4. Is the proposed ESA specifically a part or component of a treatment plan for this student?

5. Please identify which disability-related symptom(s)/impact(s) will be reduced by the student having the ESA living in their campus housing with them? **Emotional distress resulting from having to give up an animal because of a “no pets” policy does not qualify a person for an accommodation.**

- ☐ Lethargy/ Lack of routine (unable to get out of bed, etc.)
- ☐ Unable to participate in residential life experiences/activities
- ☐ Lack of self-care (grooming needs, feeding, etc.)
- ☐ Inability to communicate effectively with a roommate
- ☐ Heightened suicidal ideation
- ☐ Other – please share below:

6. SAR understands that there are copious amounts of articles and research that support the recommendations of an ESA. What evidence exists that the proposed ESA has helped reduce the impact(s) of this student’s disability in the living environment (currently or in the past)?

7. Many students transitioning to living in an on-campus residential/communal living environment may experience anxiety/stress/nervousness, which may not rise to the level of a disability. UTA provides a variety of resources for students to address these types of needs. Please share which of the following you believe will be appropriate resources to address the disability-related impacts for this student in their transition to UTA.

- ☐ Working with a Resident Director to build a roommate agreement regarding personal space and boundaries
- ☐ Limiting the number of roommates in the room
- ☐ Private spaces outside of the room for decompressing/relaxing/studying (Library, quiet rooms, etc.)
- ☐ Time management coaching
- ☐ Organizational skills coaching
- ☐ Crafting and relaxation opportunities

☐ Communication coaching

☐ Other recommendations – please share below

8. Have you discussed the responsibilities associated with properly caring for an animal while engaged in typical college activities and residing in university housing? Do you believe those responsibilities might exacerbate the student's symptoms in any way? (and if so, how)? Note: When an ESA is approved in University housing, the student is expected to be able to care, control, feed and clean up after the animal.

9. When did you initially meet with the student and how often do you plan to meet for further counseling/treatment related to these specific disability-related impacts?

10. Is there any additional information that you would like to share?

Please return this form or letter by email, fax or U.S. Postal Service to:

Student Access & Resource Center
The University of Texas at Arlington
Box 19510, University Hall, Room 102
Arlington, TX 76019-0510

Phone: 817-272-3364

Fax: 817-272-1441

Email: sarcenter@uta.edu