RECOGNIZE & RESPOND: THE FOUR D'S OF STUDENT BEHAVIOR

Use this guide to recognize signs and know how to respond or refer appropriately.

DISTRESSED

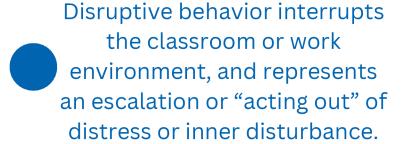


Distressed behavior causes concern for the person's well-being.

WHAT IT LOOKS LIKE:

- Tearful, anxious, withdrawn
- Trouble concentrating
- Missed classes or assignments
- Changes in appearance or hygiene

DISRUPTIVE



WHAT IT LOOKS LIKE:

- Repeated interruptions in class
- Argumentative or confrontational
- Harassing others
- Refusing to comply with rules

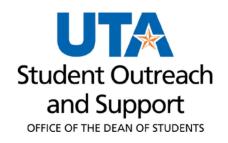
DISTURBED



Disturbed behavior may be highly inappropriate, irrational, delusional, and make others uncomfortable.

WHAT IT LOOKS LIKE:

- Angry outbursts, erratic behavior
- Paranoia or delusions
- Verbal aggression or intimidation responses
- Inappropriate emotional responses





DANGEROUS

Dangerous behavior threatens the safety and well-being of others.

WHAT IT LOOKS LIKE:

- Suicidal statements or behaviors
- Threats of violence to self or others
- Possession of weapons
- Physical aggression

Don't wait. Safety is the priority. For emergencies, call UTA PD at 817-272-3003 or 911.

Not sure where it fits? Refer anyway.

The CARE Team is here to support you and the student.