

# How Do I Handle A Student in Crisis?

Our students interact with faculty, staff, and peers every day. This puts you in a powerful position to notice when something seems “off”. You might notice a student who is distressed, disruptive, disturbed, or dangerous. So what should you do?

Unsure of how to handle a situation or need advice? Reach out to the CARE Team!

Notify the CARE Team by submitting an online referral. Be sure to outline any steps you’ve taken.

Be sure to note what you’re seeing - specific behaviors, quotes, or actions.

Reassure the student that seeking help is an act of strength not weakness.

If the student is an imminent threat to themselves or others, **IMMEDIATELY** contact UTA PD at 817-272-3003 or 911.

Express sincere concern for the student and their situation. If the situation isn’t urgent or dangerous, approach them with care and compassion. Ask them what, if anything, may be wrong and how you could be of assistance.

