



OPPORTUNITIES & EVENTS



Child Abuse Prevention Month Events

Join the Title IV-E Project and the Children and Families Curriculum Committee for a free training about the Ethics of Family Engagement in Child Welfare!

April 30 | 11:00 am - 2:00 pm SSW Rm 104 | Free Pizza | 3 Ethics CEU

Join Virtually Here



□ EDGE Career Graduation Stole – Earn Yours Today!

Students celebrate your commitment to career advancement with the **EDGE Career Graduation Stole**! Eligible graduate students can earn their stole by completing six career engagement activities, including career coaching, LinkedIn Learning courses, and career events.

- Who's Eligible? Graduate students graduating in Spring, Summer, or Fall 2025
- ☐ How to Earn It? Attend career events, complete coaching sessions, and finish two LinkedIn Learning courses
- ☐ Upcoming Career Events Count!



Alert! New Groups Starting!

UTA School of Social Work Virtual Clinic: Grief, Loss, & Trauma Sessions

The Virtual Clinic is back! Sessions are every Tuesday, Wednesday, and Thursday at 12 pm and 6pm. Deepen your awareness of trauma's effects and learn practical tools and mindfulness strategies to cultivate resilience after challenging experiences.

Sessions begin March 25

Sign up for a Session



Maverick Advantage Distinction Applications will close on Friday April 18th.

Please allow 2 weeks for applications to be reviewed. After the application is reviewed and approved you will receive an email to sign up for the final step of participating in a casual interview.

If your application doesn't meet the requirements, we will reach out to you for adjustments upon review.

For More Information



MFP-Master's

With great excitement, we announce the launch of the <u>2025–2026 Master's of Social Work (MSW) MFP Application!</u> Applications are open March 21, 2025, and will be accepted until May 19, 2025, at 11:59 PM (ET). To assist you with the application process, the MFP Team has prepared a <u>Frequently Asked Questions</u> document along with an <u>Application Guidebook</u>.

More Information

ORGANIZATION SPOTLIGHT

Follett Student Leadership Center: Connecting You to the Maverick Advantage

The **Follett Student Leadership Center** at UTA is a hub for leadership development and student engagement. Through helpful programs, workshops, and events, the center empowers students to gain leadership skills, foster collaboration, and make a lasting impact academically or career-wise.

The **Leadership in Life Workshop Series** offers interactive sessions that help students strengthen their leadership abilities, improve teamwork, and prepare for success in their academic and professional lives. These workshops also align with the **Maverick Advantage Program**, which encourages students to engage in leadership and career development. Students interested in becoming recognized Maverick Advantage leaders can participate in Follett's programs to fulfill the leadership criteria. *The deadline to apply for the Maverick Advantage Program is Friday, April 18.*

How to Get Connected

Follett Student Leadership Center

Location: University Center, Suite 180

Phone: (817) 272-9220

Email: <u>leadership@uta.edu</u>

Website: www.uta.edu/leadership

Maverick Advantage Program

Location: University Center, Suite 180H

Phone: (817) 272-6080

Email: maverickadvantage@uta.edu

Website: https://www.uta.edu/student-affairs/maverick-advantage

You can visit either webpage or stop by their offices to start your leadership journey and take advantage of these opportunities!

You Matter

Self-Care in the Present Moment

Life throws a lot our way. Whether it's the daily grind of work or school, family dynamics, health challenges, or the ever-present weight of financial concerns, it's easy to feel overwhelmed. The current political landscape, with its uncertainties, can further fuel our anxieties and fears. We often find ourselves caught in a web of perceived wrongs and future "what ifs" that may never even materialize.

In the midst of this swirling chaos, sometimes the most profound act of self-care is surprisingly simple: staying in the present moment.

While the concept might seem straightforward, its execution can be challenging. Our minds are often trained to dwell on the past or leap into the future, dissecting what has been and anticipating what might be. The first hurdle, in my own experience, is simply noticing when we've veered off course and allowed ourselves to be swept away by worries and anxieties.

However, this awareness is the key. Once we recognize our tendency to wander down these unproductive paths, we gain the power to choose a different route. The next time you find yourself spiraling, try a gentle pause. Can you intentionally interrupt the train of thought? Can you then redirect your attention to something more constructive, or simply something that brings you a sense of peace?

It's a practice, not a perfect science. There will be times when the worries feel too strong to resist. But the invitation is simple: could you try it even once? Could you, for a brief moment, bring your focus to the here and now? You might be surprised by the quiet strength and unexpected relief that can be found in simply being present.

SOCIAL JUSTICE SPOTLIGHT

Advancing Child Safety Through Social Work-Dr. Kathryn Krase



April is **National Child Abuse Prevention Month**, a time to recognize the critical role of social workers in keeping children safe and supporting families. **Dr. Kathryn Krase, PhD, JD, MSW**, is a nationally recognized social worker, lawyer, and educator whose career centers on child welfare, mandated reporting, and professional ethics.

Dr. Krase leads Krase Consulting, where she provides training, resources, and policy guidance to help professionals navigate the complexities of child abuse prevention while supporting family integrity. She is also a sought-after trainer and speaker, sharing her expertise with organizations nationwide. To learn more about her work, visit Krase Consulting or her Professional Education.

As we observe Child Abuse Prevention Month, Dr. Krase's dedication reminds us that social workers are vital champions for child safety and family support. Learn more about prevention at the <u>NASW</u> <u>Child Welfare page</u>, or explore current themes and advocacy at the <u>NASW National Social Work Month</u> <u>page</u>.

ADVISING UPDATES

UTA School of Social Work Advising FAQs can be found here.

We have some changes in our Academic Advising & Practicum Offices, and we want to share those changes with you. For contact information to each person, please click here for advisors and practicum specialist.

[Former Specialties]	Practicum Specialists	[New] Letters	Advisor
BSW/BSSUT	Dimekia Hicks	no change	Kyleigh Easter; Daisy Jones; Desiree Warren
Foundation	Vanessa Caraveo	A-D	George Jauss
Children & Families	Monica Brown	E-K	Meverlyn Maisonave
Aging, CAP, Health	Cindy Bassey	L-P	Cleondria Marable
MH	Sharon Martin	Q-Z	Tara Harris

We also have a Same Day advisor who can assist BSW, BSSUT, and MSW students and his information is below:

Same Day Advisors: Matthew Williams & Keiana Crain

If you need immediate assistance, please contact the Student Affairs Administrative Assistant, Emily Rappaport (emily.rappaport@uta.edu).

IMPORTANT DATES

- April 7: Registration opens for Summer 2025 & Fall 2025
- April 29: Last day of classes
- April 30: Student Study Day (no classes)
- May 1 May 7: Final examsMay 5: Last day to earn hours
- May 7: Last day of term
- May 8: Celebration of Excellence 6p-8p
- May 9: Commencement Ceremonies
- May 12: Grades due
- August 7: SW Graduation at College Park

STUDENT SUCCESS



EDGE Center

The EDGE Center is a graduate student resource center developed to support the continuous success of post baccalaureate students at the University of Texas at Arlington. The EDGE Center aims to foster a well-rounded graduate experience, creating programs and resources that support a healthy school-life balance, personal/professional development, social events, and building a sense of community.

SCHOOL OF SOCIAL WORK RESOURCES

STUDENT SUCCESS

ACADEMIC ADVISING

PRACTICUM PLACEMENT

LICENSURE

DEAN'S LETTER FOR LICENSURE

UTA RESOURCES

- UTA Academic Calendar
- Webinar Library
- <u>UTA Counseling & Psychology Services (CAPS)</u>
- SAR Center
- Suicide Prevention Lifeline
- Free Windows Apps with Student ID
- Emergency Assistance Fund
- Free & Confidential HIV Testing
- <u>UTA/Tri-C Food Pantry Distribution</u>

Follow UTA School of Social Work on Social Media:



Got this as a forward? <u>Sign up</u> to receive our future emails. View this email <u>online</u>.

501 West Mitchell Street Box 19129 | Arlington, TX 76010 US

This email was sent to .

To continue receiving our emails, add us to your address book.



<u>Subscribe</u> to our email list.