



SCHOOL OF
SOCIAL WORK

THE WORLD TALKS ABOUT
CHANGE; WE CREATE CHANGE.

MASTER OF SOCIAL WORK

WEEKLY UPDATE
January 31, 2023

SOCIAL JUSTICE SPOTLIGHT

MyMav Update – Student Gender Identity & Preferred Pronouns

According to the Trevor Project, "gender and sex exist on a spectrum, meaning that there are a lot of different ways that people can express their gender identity or sex."

Your gender identification and preferred pronouns are important and deserve to be respected by your peers and faculty, which the UTA administrative team has taken into account!

As of Thursday, January 26th, students will be able to select/update their gender identity and preferred pronouns through MyMav. This information will be available to view in MyMav on the advisor side also when updated under the students' personal information. Please review this student KB article to learn more about their process in making an update, [Knowledge Base Article - Self-Service Portal \(service-now.com\)](#).

If you are curious to learn more about gender identification, you may follow this link here: [Understanding Gender Identities | The Trevor Project](#).

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STUDENT SPOTLIGHT



Hello folks! I am excited to be serving as a GSL for my foundation year internship at UTA. I am an out-of-state student currently living in New Jersey just outside of Philadelphia. My greatest personal accomplishments include being married for the last eight years and being an active father to an energetic one year old boy! Currently I work with a client through the NJ Department of Developmental Disabilities and have some additional part-time teaching responsibilities as well. I have completed an M.S. Ed. and a BA, but ultimately am seeking to transition into the social work field. I am interested in mental health and psychology and hope to gain clinical experience during my time at UTA in order to be able to transition into the therapy/counseling aspect of social work. I am also potentially interested in teaching social work or psychology in the future. In the meantime, I look forward to assisting you, helping connect you to your peers and streamlining your overall experience in the MSW program!

Interested in becoming a GSL? [Click here!](#)

YOU MATTER

Moving Forward with Motivation

Last week we spoke about New Years goals and how important it is to maintain a positive attitude in order to attain them. Well, another important aspect to moving forward and reaching your goals is motivation!

If you are anything like me, then you know how difficult it feels sometimes to get motivated to begin working on any new goal (*I mean, it is almost February and I still have not begun my exercise routine I envisioned for myself*).

So, what do you do in order to get motivated?

According to Healthdirect.gov, it is important to **set specific, achievable goals** and **develop a reasonable timeline** to achieve them. You should also break your main goal up into **smaller, easier tasks** to accomplish and surround yourself with a **positive support system**.

It is also extremely important to approach yourself with **positive self-talk** (in other words, a positive attitude)! If you find yourself in the same boat as myself and realize you have not begun working towards a specific goal or perhaps you did start but fell off, *do not fret nor treat yourself in a negative manner! It is okay, and you can get (back) on track.*

You can follow this link [HERE](#) to read more on how to get/stay motivated. Whether it is exercise more, pick up a new instrument, get more involved or completing this program, ***you owe it to yourself to get motivated and work towards the goals you set to become the person you want to be!***

Best Wishes,
Jordon Ward

**MSW Student, Graduate Student
Leader, The University of Texas at
Arlington**



My name is Traecia Nichols, I am the Student Success Coordinator for the School of Social Work. In my role I work with students who are facing crises and need help accessing university

and community resources. This section will consist of resources that are available to you as a student. If you are in need of resources or have any questions or concerns, please contact me at traecia.nichols@uta.edu.

RESOURCE OF THE WEEK

RVSP- Relationship Violence and Sexual Assault Prevention

The purpose of RVSP is to empower students who are victims and survivors of relationship and/or sexual violence to seek advocacy and support with assistance through the healing and justice process. The RVSP program is part of Student Affairs's commitment to creating a Community That Cares. RVSP also has a Confidential Advocate. The RVSP Confidential Advocate, Tiffany Bland (she/her/hers), facilitates a victim-centered, social justice, and trauma-informed approach to facilitate support and advocacy services for victims and survivors of sexual and/or relationship violence. When seeking support, the confidential advocate's priority is to ensure the student feels safe, is academically successful, and feels supported.

Contact Information

Website

email: <https://www.uta.edu/student-affairs/rvsp>

Phone: 817-272-3947

Address: Ransom Hall Suite 301 Arlington, TX 76019

IMPORTANT DATES

SPRING 2023

- Feb. 01: Census Date (Spring); Summer Field Application Open
- March 13 – March 17: Spring Vacation
- March 31: Last day to drop classes; submit a request to advisors by 4pm
- April 03: Registration Opens for Summer 2023 & Fall 2023
- May 02: Last day of classes
- May 03: Student Study Day (No classes)
- May 04 – May 10: Final Exams
- May 12: Commencement Ceremonies (Tentative)

Graduating? Check your Outlook MyMav!





ADVISING

Need to meet with an advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click [here](#). Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.

Feeling a bit lost?
Start with
your
Graduate Student
Leader!

Don't know who that is?

Email [Martaya Brown](#) or [Lecia Edwards](#) to get connected!

LICENSING

- If you're in your final semester and want to get started on applying to ASWB to take the LMSW licensing exam, [click here](#) to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found [on the ASWB site](#) and our [SSW licensure page](#).
- **There's lots of great updated information about licensing in the Student Success and Advising Course on Canvas—Check it out!**
- Interested in the LCDC? Scroll to the end of this [Licensure](#) webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.



FIELD PLACEMENTS

General

- **InPlace has a new URL! All students, agencies, and Field Instructors will need to use the new URL.** <https://inplace.uta.edu/>
- The InPlace fee is \$67 per year or \$130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- [InPlace Training](#) and [Logbook Training](#) can be found here!
- [Field forms are available here!](#)
- [Field FAQ](#)
- If you are having technical difficulties with InPlace please email sswfield@uta.edu and include a screenshot of the issue.

FIELD POWER HOURS

This is an opportunity for you to ask questions, similar to Office Hours for faculty!

- Aging & Health (Interim Field Advisor for Mental Health last names A-L)
 - Field Advisor: Natalie Mangham
 - 1st & 3rd Tuesday of the month, 2-3 pm
 - [Click here to join the meeting](#)
- CAP & Children & Families
 - Field Advisor: Monica Brown
 - 1st & 3rd Wednesday of the month, 4-5 pm
 - [Click here to join the meeting](#)
- BSW/BSSUT (**Interim Field Advisor for Mental Health last names M-Z**)
 - Field Advisor: Sharon Martin
 - 1st & 3rd Thursday of the month, 3-4 pm
 - [Click here to join the meeting](#)

Foundation

- Field Advisor: Andrea Jameson
andrea.jameson@uta.edu
- 1st and 3rd Thursday of the month, 6-7 pm
- [Click here to join the meeting](#)

EVENTS

UTA Entrepreneurship and Economic Innovation

Blackstone LaunchPad

Workshop

EMBODYING A SUCCESS MINDSET AND HOW TO HAVE EMOTIONAL WELLBEING IN THE BUSINESS WORLD

MONDAY JAN 30TH 2 PM - 4 PM

IN PERSON AT CENTER OF ENTREPRENEURSHIP AND ECONOMIC INNOVATION 400, SOUTH CENTER STREET ARLINGTON, TEXAS

PRESENTER GLEN EARL, LEADERSHIP DEV SR CONSULTANT

uta.startuptree.co

UTA Entrepreneurship and Economic Innovation

WORKSHOP

Intellectual Property, Patents, and Innovation

SPEAKER TERI SCHULTZ, MS, JD
DIRECTOR OF INNOVATION & COMMERCIALIZATION

Location: CEI 400 S. Center Street, Arlington, TX 76010

THURSDAY FEB. 9TH 12PM - 1PM

SEATS ARE LIMITED RESERVE YOUR SPOT TODAY ON STARTUP TREE

go.uta.edu/CEI

uta.startuptree.co

CONFUSED ABOUT WHICH CONCENTRATION YOU'LL PICK? WANT TO LEARN MORE ABOUT WHICH CONCENTRATIONS ARE AVAILABLE?

FIND YOUR MATCH WORKSHOP

Tuesday Feb 21st 12-1:30pm

LOCATION TBD

Will include faculty from all 5 Concentrations: Mental Health, Substance Abuse, Aging and Health, Children & Families, Community & Administrative Practice

ONLINE ACCESS WILL ALSO BE PROVIDED!

EpicMavs SCHEDULE

PROGRAM FACILITATORS: Hayden Blackburn, Dev'n Goodman

Week 1: 2.26.23 Entrepreneurial Mindset	Week 2: 3.6.23 Fall in Love with what's next? Customer Discovery & Development	Week 3: 3.20.23 "I have an idea - what's next?" Prototyping & Product Design	Week 4: 3.26.23 Social Entrepreneurs: Solving Community Problems
Week 5: 3.23.23 Startup Stories: MyPitch Winners UTA Alumni	Week 6: 3.27.23 Don't stop at the first 'No'!	Week 7: 3.30.23 Bootstrapping: Launching & growing with your own resources	Week 8: 3.27.23 Spring Break: No Session
Week 9: 3.27.23 Angel Funding Q&A: Green Lights & Red Flags	Week 10: 3.27.23 Lessons in Failure	Week 11: 4.6.23 Digital Marketing	Week 12: 4.13.23 Founders' Health & Self-Care: Entrepreneurship & Mental Health

GSL Event Coming soon!

ACADEMIC OPPORTUNITIES

UNIVERSITY OF TEXAS SCHOOL OF SOCIAL WORK

TITLE IV-E STIPEND FOR BSW/MSW STUDENTS

FOR STUDENTS WHO ARE INTERESTED IN:

- SEE IN PERSON:** Start the process by contacting Angela Cookman, Director of Title IV-E Child Welfare Programs and BSW Students, at 817-257-2222.
- FINANCIAL AID AND BSW/MSW STIPEND:** Complete the financial aid application and awarding letter. Complete the financial aid application and awarding letter. Complete the financial aid application and awarding letter.
- LETTERS OF RECOMMENDATION:** Submit letters of recommendation from a CPA professor and a professional in your field.
- PROBATIONARY REVIEW:** Participate in a probationary review with UTA Title IV-E Case Program Coordinators.
- FINANCIAL AID AND BSW/MSW STIPEND:** Eligible students will be awarded a Title IV-E Stipend for their probationary review.

IMPORTANT INFO:

- ELIGIBILITY:** Students must be enrolled in an undergraduate program and be eligible to graduate from that program in the same semester in which they receive the Child Welfare Stipend.
- APPLICATION PROCESS:** Students must be enrolled in a Title IV-E Case Program and be eligible to graduate from that program in the same semester in which they receive the Child Welfare Stipend.
- APPLICATION DEADLINE:** FALL: APRIL 15, 2023. SPRING: SEPTEMBER 15, 2023.

UTA School of Social Work

JOIN THE SOCIAL WORKERS FOR CHILDREN AND FAMILIES STUDENT ORGANIZATION!

Join a new student organization for students interested in working in the social work field with children and families!

- NETWORK WITH OTHER UTA STUDENTS
- HAVE GUESTS/PROFESSIONALS VISITS WITHIN THE SOCIAL WORK FIELD

For those interested in joining please reach out to Oscar Aguila via email at oscar8654@mavs.uta.edu or on Microsoft Teams.

HEALTH WITH HEART HAS OPEN POSITIONS!!

WE ARE CURRENTLY LOOKING FOR A VICE PRESIDENT AND SECRETARY FOR THE STUDENT ORGANIZATION.

THIS IS FOR MSW HEALTH CONCENTRATION AND BSW STUDENTS WITH AND INTEREST IN THE HEALTH CONCENTRATION.

PLEASE CONTACT BRIANNA MARTINEZ-RUTIGA AT BRIANNA.MARTINEZ2@mavs.uta.edu FOR MORE INFORMATION.

MSW Thesis Peer Support

We're looking to start an ongoing group that will share a Teams chat to provide a space for overwriting and support

Interested in macro social work? The Student Association for Macro Social Work provides Peer Support & Professional Development for students interested in macro social work!

First Mondays 7-9pm via Teams February 6 - March 6 - April 3 - May 1

JOB OPPORTUNITIES

Accepted Therapy Services

Accepted Therapy Services

We are looking to expand our team!

Clinical Assistant: Part-Time 10-20 Hours a Week. Clinical Assistant Will Provide Support To Therapists: Data entry, answering phones, sorting mail, and filing system maintenance.

Clinical Therapist: LCSW, LMFT, LPC, Preferred, LMSW Will Be Considered. The Clinical Therapist Will Be An Independent Contractor - Clinical therapists will establish and maintain their caseload, scheduling, providing therapy sessions, creating treatment plans and progress notes.

"At Accepted Therapy, we want our clients to feel seen, heard, and experience acceptance. Our goal is to provide a safe place for clients to examine their past, live fully in the present, and plan for the future. It is our goal to walk alongside our clients every step of their journey, celebrating wins, grieving losses, and navigating life's demands."

For more information or to submit your resume, email Nikki at: nikki@acceptedtherapy.com or www.acceptedtherapy.com

Accepted Therapy Services

Clinical Therapist

Duties & Responsibilities

- Establish positive trusting rapport with clients
- Provide counseling on an as needed basis; making referrals if necessary
- Conduct ongoing assessments of progress based on treatment plan goals
- Diagnose and treat mental health disorders through evidence based practice and
- Maintain thorough records of client meetings and progress in treatment
- Respects and maintains client confidentiality
- Attends staff meetings weekly to staff case.

Knowledge, Skills, and Abilities

- Skill in the use of personal computers and related software applications
- Knowledge of basic computer programs including: Google Docs, Google Calendar, Google Meet, Microsoft Word, Microsoft Excel
- Ability to interact and communicate with people over the telephone, through email, and in person in professional manner
- Knowledge of medical billing procedures

Education Requirements

- Master's degree in social work, counseling, psychology or marriage and family therapy
- Complies with all state licensing requirements
- LCSW preferred, LMSWs who are working toward LCSW will be considered
- LPC and LMFTs will also be considered

Working Conditions

- As an independent contractor the Clinical Therapist will have the opportunity to set his or her own schedule (Office hours and number of clients seen weekly are at the discretion of the therapist)
- Will be responsible for the Clinical Therapist to provide technology and during sessions and for documentation purposes. Accepted Therapy Services will provide access to email, phone and the medical record.

For more information or to submit your resume, email Nikki at: nikki@acceptedtherapy.com or www.acceptedtherapy.com

VOLUNTEER OPPORTUNITIES



SOCIAL WORK ADVOCACY DAY (SWAD) 2023

Save the date!

March 3, 2023

Texas State Capitol

@naswtx_advocacy

naswtx.socialworkers.org

May 18 2023

27th Annual UTA Scholarship Benefit Powwow

VOLUNTEERS WANTED

Learn about Native American Culture while helping the community

When: March 18 Where: UTA MAC

If you are interested please email: Stephan.Silva@uta.edu

UTA Academic Calendar

UTA Library Accessibility

MAVS UNITE
Created for you!



Check Canvas for the MavsUnite Page!
To add please e-mail:
[Emily Clark](mailto:Emily.Clark@uta.edu)

SAR Center

(Formerly Office of Students with Disabilities)

MANAGING STRESS AND ANXIETY DURING COVID-19

UTA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

THERAPIST ASSISTED ONLINE (TAO)

Visit TAOconnect.org



THRIVE APP



Download "Thrive at UT" on App Store or Google Play

MAVS TALK 24HR CRISIS LINE

Call (817)272-8255



Visit uta.edu/caps for more information

UTA is a COMMUNITY THAT CARES



SOCIAL WORK CONNECTIONS LAB



RECEIVE HELP WITH:

- Brainstorming ideas
- APA formatting
- Writing flow & structure
- Meeting requirements
- Build social work skills
- Avoiding plagiarism

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Login to your school account and go to s3101.t33rxval.com/330003333

Get ahead this semester by booking your appointments now!



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In Crisis?
Text HELLO to 741741

CRISIS TEXT LINE |

Free, 24/7, Confidential

Please contact us with any additional questions. Visit uta.edu/caps or scan the QR code.

Our Services

Peer-Led Team Learning (PLTL)
Peer-Led Team Learning (PLTL) is a proven method of learning that involves students working together to learn and understand course material. PLTL helps you gain a better understanding of content, concepts, and how to apply what you've learned. PLTL is a free for students but requires registration required during first week of classes. PLTL study groups begin the 3rd week of class and attendance is mandatory. PLTL groups meet weekly at 7:00 AM, 10:00 AM, and 2:00 PM. Sessions are held weekly for 12 hours to work through study questions, assigned readings, and other course material. PLTL sessions are a great way to learn and understand course material. PLTL sessions are held in the following locations: **PLTL Sessions**

- 12 sessions of applied learning and experiential learning activities. You will have fun while learning!
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Supplemental Instruction (SI)
Supplemental Instruction (SI) is a proven method of learning that involves students working together to learn and understand course material. SI helps you gain a better understanding of content, concepts, and how to apply what you've learned. SI is a free for students but requires registration required during first week of classes. SI study groups begin the 3rd week of class and attendance is mandatory. SI groups meet weekly at 7:00 AM, 10:00 AM, and 2:00 PM. Sessions are held weekly for 12 hours to work through study questions, assigned readings, and other course material. SI sessions are a great way to learn and understand course material. SI sessions are held in the following locations: **SI Sessions**

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Tutoring
Tutoring is a proven method of learning that involves students working together to learn and understand course material. Tutoring helps you gain a better understanding of content, concepts, and how to apply what you've learned. Tutoring is a free for students but requires registration required during first week of classes. Tutoring sessions begin the 3rd week of class and attendance is mandatory. Tutoring groups meet weekly at 7:00 AM, 10:00 AM, and 2:00 PM. Sessions are held weekly for 12 hours to work through study questions, assigned readings, and other course material. Tutoring sessions are a great way to learn and understand course material. Tutoring sessions are held in the following locations: **Tutoring Sessions**

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Academic Coaching
Academic Coaching is a proven method of learning that involves students working together to learn and understand course material. Academic Coaching helps you gain a better understanding of content, concepts, and how to apply what you've learned. Academic Coaching is a free for students but requires registration required during first week of classes. Academic Coaching sessions begin the 3rd week of class and attendance is mandatory. Academic Coaching groups meet weekly at 7:00 AM, 10:00 AM, and 2:00 PM. Sessions are held weekly for 12 hours to work through study questions, assigned readings, and other course material. Academic Coaching sessions are a great way to learn and understand course material. Academic Coaching sessions are held in the following locations: **Academic Coaching Sessions**

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THE UNIVERSITY OF TEXAS AT ARLINGTON COUNSELING & PSYCHOLOGICAL SERVICES

MAVS talk

24 HOUR CRISIS LINE

817-272-TALK (8255)
WWW.UTA.EDU/CAPS
303 RANSOM HALL

On-Demand & Live Fitness Classes



Rental Assistance Program

The [Tarrant County Rental Assistance Program](http://tarrantcounty.com) assists residents who have been impacted by the COVID-19 pandemic. For more details, email renthelp@tarrantcounty.com or call [817-850-7940](tel:817-850-7940).

The Lifeline is **FREE**, confidential, and always available.

HELP a loved one, a friend, or yourself.

Community crisis centers answer Lifeline calls.

NATIONAL SUICIDE PREVENTION LIFELINE
1-800-273-TALK (8255)
suicidpreventionlifeline.org

Learn the Warning Signs.

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Emergency Assistance Fund
UTA students with a temporary financial hardship resulting from a sudden emergency [may apply for financial help.](#)

Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!

How to gain access to SSW writing resources: [Advising & Student Success Canvas](#)

UTA/Tri-C Food Pantry Distributions
Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to utafoodpantry@gmail.com to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Jordon Ward: jxw9372@mavs.uta.edu or Reagan Leslie: reagan.leslie@uta.edu



UNIVERSITY OF TEXAS ARLINGTON

SCHOOL OF SOCIAL WORK

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501 W. Mitchell Street, Arlington, TX 76019
Social Work Program
(817) 272-2135

"It is absolutely imperative that every human beings' freedom and human rights are respected, all over the world."

— Jóhanna Sigurðardóttir