



MASTER OF SOCIAL WORK



WEEKLY UPDATE  
February 21, 2023

SOCIAL JUSTICE SPOTLIGHT

**Celebrate Black History Month with Us & Learn About Black Environmentalists**

TABLE OF CONTENTS

Page 1: Social Justice Spotlight

Page 2: Student Spotlight, YOU MATTER

Page 3: Student Success Coordinator Weekly Resource, Important Dates, Graduation Information

Page 4: Advising, GSL, Connections Lab, Licensing & Field Placement info, Field Power Hours

Page 5: Events, Academic, Job & Volunteer Opportunities

Page 6: Resources

According to Sam Wood with Dogwood Alliance (2022), "historically African Americans have suffered disproportionate impacts from pollution, climate change, and lack of access to green space" (para. 1); thus, racial justice and environmental justice are intertwined. Below are just a few key Black environmentalists who have made great efforts toward maintaining the wellbeing of our planet.

- 1903: Colonel Charles Young became the first African American national park superintendent, and with the help of his fellow Buffalo Soldiers, set the framework for current park management
- 1964: Hattie Carthan regreened her neighborhood in Brooklyn, NY by spreading tree seeds, developed a Garden Youth Corps and produced a Community Farmer's Market in central Brooklyn
- 1982: the Land Loss Prevention Project was developed by the NC Association of Black Lawyers, which Savonala "Savi" Horne is the current Executive Director for

[Click HERE to learn more about their accomplishments + more Black environmentalists and what they have done for their communities!](#)

## STUDENT SPOTLIGHT



Hello fellow Mavs! My name is Melainie Lauderdale, and I am a 49-year-old single mom to two great kiddos ages 12 and 13. My undergraduate degree is in psychology, and I am in my final two semesters for my Master of Social Work with a concentration in Mental Health and Substance Misuse. I am an older, nontraditional student that has had to learn the ropes and advocate for myself in this new life adventure called graduate school and I could not have done it without the help of my past GSL's. I utilized my GSL frequently when I needed guidance, and she has been vital to my success. I hope to offer my constituents the same support so please do not hesitate to reach out and ask questions at any time. Good luck with Spring 2023 I look forward to getting to know you all.

**Interested in becoming a GSL? [Click here!](#)**

## YOU MATTER

### It's Worth It!

Results after progress is important for self-improvement. Many people may state promises but might not put into the work to attain goals in mind.

People who strive for their intended goals will see results from it. Reaching goals produces great results.

Therefore, many individuals who me may or may not know will see the results. Some might be motivated to do the same while others will do the opposite.

Manifestation, visualization, spiritualization, and motivation is key for goal settings. Putting it into action is necessary to see the results. Although it may take time, the results are worth the wait.

It is necessary to keep going although times might get harder and harder.

However, we get stronger and stronger while going through hardships. Therefore, I say to keep striving until you reach your goals for 2023!

Best Regards,  
**Andwelah Givens**  
**BSW Student, Undergraduate**  
**Student Leader, The University of Texas**  
**at Arlington**



My name is Traecia Nichols, I am the Student Success Coordinator for the School of Social Work. In my role I work with students who are facing crises and need help accessing university

and community resources. This section will consist of resources that are available to you as a student. If you are in need of resources or have any questions or concerns, please contact me at [traecia.nichols@uta.edu](mailto:traecia.nichols@uta.edu).

## RESOURCE OF THE WEEK

### RÉSUMÉS

Even if you are applying for a position where there is a formal application to be completed, most of the information required will already be on your résumé making it a good starting point to assist you in providing the required information. Thus, not only should you create your résumé carefully, but you should also continually update it, so you have a record of what you've done to market yourself to prospective employers. Check out this link for more tips on resumes <https://www.uta.edu/academics/schools-colleges/social-work/about/career-development/resources>.

### Contact Information

email: <https://www.uta.edu/student-affairs/rvsp>

Phone: 817-272-3947

Address: Ransom Hall Suite 301 Arlington, TX 760196010

## IMPORTANT DATES

### SPRING 2023

- March 01: Last day to apply for Spring '23 graduation (there is a \$60 added fee for late applications)
- March 13 – March 17: Spring Vacation
- March 31: Last day to drop classes (submit a request to advisors by 4pm); last day to apply for Summer Field in InPlace
- April 03: Registration Opens for Summer 2023 & Fall 2023
- April 23: co-hort students deadline to drop courses
- May 02: Last day of classes
- May 03: Student Study Day (No classes)
- May 04 – May 10: Final Exams
- May 12: Commencement Ceremonies (Tentative)
- May 24: Final official transcripts due for courses taken outside of UTA

## Graduating? Check your Outlook MyMav!

- Go to your MyMav student center
- Select "Apply for Graduation" in the drop-down menu
- Pay the \$40 application fee
- Complete Exit Survey
- Monitor your student email for notices from the graduation desk
- Please click [here](#) for more information regarding how to apply for graduation.
- **Additional graduation information such as attire and purchasing honor cords can be found by clicking [here](#)**



## ADVISING

Need to meet with an advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click [here](#). Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.

Feeling a bit lost?  
Start with your Graduate Student Leader!

Don't know who that is?

Email [Martaya Brown](#) or [Lecia Edwards](#) to get connected!

## Connections Lab Highlight

Practice good study habits, time management & staying focused with [THESE PRO TIPS](#)

Need help with an assignment?

[Click HERE to schedule a session with our Connections Lab tutors](#)

Want additional help in school?

[Enroll in the Connections Lab course on Canvas!](#)

## LICENSING

- If you're in your final semester and want to get started on applying to ASWB to take the LMSW licensing exam, [click here](#) to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found [on the ASWB site](#) and our [SSW licensure page](#).
- **There's lots of great updated information about licensing in the Student Success and Advising Course on Canvas—Check it out!**
- Interested in the LCDC? Scroll to the end of this [Licensure](#) webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.



## FIELD PLACEMENTS

### General

- **InPlace has a new URL! All students, agencies, and Field Instructors will need to use the new URL.** <https://inplace.uta.edu/>
- The InPlace fee is \$67 per year or \$130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- [InPlace Training](#) and [Logbook Training](#) can be found here!
- [Field forms are available here!](#)
- [Field FAQ](#)
- If you are having technical difficulties with InPlace please email [sswfield@uta.edu](mailto:sswfield@uta.edu) and include a screenshot of the issue.

## FIELD POWER HOURS

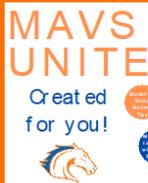
**This is an opportunity for you to ask questions, similar to Office Hours for faculty!**

- Aging, CAP & Health (Interim Field Advisor for Mental Health last names A-L)
  - Field Advisor: Natalie Mangham
  - 1st & 3rd Tuesday of the month, 2-3 pm
  - [Click here to join the meeting](#)
- Children & Families
  - Field Advisor: Monica Brown
  - 1st & 3rd Wednesday of the month, 4-5 pm
  - [Click here to join the meeting](#)
- BSW/BSSUT ( Interim Field Advisor for Mental Health last names M-Z)
  - Field Advisor: Sharon Martin
  - 1st & 3rd Thursday of the month, 3-4 pm
  - [Click here to join the meeting](#)
- Foundation
  - Field Advisor: Andrea Jameson
  - 1st and 3rd Thursday of the month, 6-7 pm
  - [Click here to join the meeting](#)



## UTA Academic Calendar

## UTA Library Accessibility



**Check Canvas for the MavsUnite Page!**  
To add please e-mail:  
[Emily Clark](mailto:Emily.Clark@uta.edu)

## SAR Center

(Formerly Office of Students with Disabilities)

### MANAGING STRESS AND ANXIETY DURING COVID-19

UTA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

#### THERAPIST ASSISTED ONLINE (TAO)

Visit [TAOconnect.org](http://TAOconnect.org)



#### THRIVE APP



Download "Thrive at UT" on App Store or Google Play

#### MAVS TALK 24HR CRISIS LINE

Call (817)272-8255



Visit [uta.edu/caps](http://uta.edu/caps) for more information

UTA is a COMMUNITY THAT CARES



### SOCIAL WORK CONNECTIONS LAB



#### RECEIVE HELP WITH:

- Brainstorming ideas
- APA formatting
- Writing flow & structure
- Meeting requirements
- Build social work skills
- Avoiding plagiarism

FREE!  
FREE!  
FREE!  
FREE!  
FREE!



Login to your school account and go to [s31017723011.com/330003333](http://s31017723011.com/330003333)

Get ahead this semester by booking your appointments now!



**DREAMERS WELCOME**

In Crisis?  
Text HELLO to 741741

CRISIS TEXT LINE |

Free, 24/7, Confidential

Please contact us with any additional questions:

Visit [uta.edu/caps](http://uta.edu/caps) or Scan the QR code

#### Our Services

**Peer-Led Team Learning (PLTL)**  
Ready and group study workshops are offered to support UTA students in their academic success. PLTL sessions are held weekly and facilitated by student leaders. PLTL helps you gain a better understanding of content, concepts, and how to apply that knowledge.

PLTL is a free for students but requires registration required during first week of classes.

PLTL study groups begin the 3rd week of class and attendance is mandatory. Class presence is required for PLTL. Study group sessions, meet weekly for 1-2 hours to work through study problems, research, and writing.

PLTL sessions are offered to students who have demonstrated academic competency in the following courses:

**Supplemental Instruction (SI)**  
SI is a program designed to help students who are struggling in a course. SI sessions are held weekly and facilitated by student leaders. SI is a free service for students who are struggling in a course.

**Tutoring**  
Tutoring is available for students who are struggling in a course. Tutors are trained and experienced in their field. Tutoring is a free service for students who are struggling in a course.

**Academic Coaching**  
Academic Coaching is a one-on-one process of helping students identify their strengths and weaknesses, then develop a personalized study plan. Academic Coaching is a free service for students who are struggling in a course.

**TRIO Student Support Services**  
TRIO Student Support Services is a program designed to help students who are struggling in a course. TRIO is a free service for students who are struggling in a course.

**Information for Students**

THE UNIVERSITY OF TEXAS AT ARLINGTON COUNSELING & PSYCHOLOGICAL SERVICES

## MAVS talk

24 HOUR CRISIS LINE

817-272-TALK (8255)  
WWW.UTA.EDU/CAPS  
303 RANSOM HALL

### On-Demand & Live Fitness Classes

### Rental Assistance Program

The [Tarrant County Rental Assistance Program](http://tarrantcounty.com) assists residents who have been impacted by the COVID-19 pandemic. For more details, email [renthelp@tarrantcounty.com](mailto:renthelp@tarrantcounty.com) or call [817-850-7940](tel:817-850-7940).

The Lifeline is **FREE**, confidential, and always available.

**HELP** a loved one, a friend, or yourself.

Community crisis centers answer Lifeline calls.

**NATIONAL SUICIDE PREVENTION LIFELINE**  
1-800-273-TALK (8255)  
[suicidpreventionlifeline.org](http://suicidpreventionlifeline.org)

Learn the Warning Signs.

**Emergency Assistance Fund**  
UTA students with a temporary financial hardship resulting from a sudden emergency [may apply for financial help.](#)

**Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!**

How to gain access to SSW writing resources: [Advising & Student Success Canvas](#)

**UTA/Tri-C Food Pantry Distributions**  
Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to [utafoodpantry@gmail.com](mailto:utafoodpantry@gmail.com) to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Jordon Ward: [jxw9372@mavs.uta.edu](mailto:jxw9372@mavs.uta.edu) or Reagan Leslie: [reagan.leslie@uta.edu](mailto:reagan.leslie@uta.edu)

**UNIVERSITY OF TEXAS ARLINGTON** | **SCHOOL OF SOCIAL WORK**

FOLLOW US ON SOCIAL MEDIA



501 W. Mitchell Street, Arlington, TX 76019  
Social Work Program  
(817) 272-2135

*"I haven't met a challenge yet that I don't think people standing together empowered by information and strategy and mobilization can't defeat."*

— Vernice Miller, Executive VP for Environment & Sustainability, Metropolitan Group and Cofounder of WeACT for Environmental Justice