



**BACHELOR OF SOCIAL WORK
BACHELOR OF SCIENCE IN SUBSTANCE USE
TREATMENT**

WEEKLY UPDATE

November 1st, 2022



SOCIAL JUSTICE SPOTLIGHT

October is Breast Cancer Awareness Month!

In October, we celebrate Breast Cancer Awareness!

Within October, we celebrated Breast Cancer Awareness month. Did you know about 1 out of 8 women is affected by breast cancer? It is estimated that 43,780 people are going to die by breast cancer in the year 2022.

How can we support those who are diagnosed with breast cancer?

First, it is highly necessary to educate ourselves about breast cancer. With more knowledge about the subject, it will benefit many others. Second is finding resources for those who may have breast cancer. Regular screening locations are encouraged for those who may have breast cancer. Lastly, fundraisers for breast cancer research will save many lives.

For more information, [CLICK HERE!](#)

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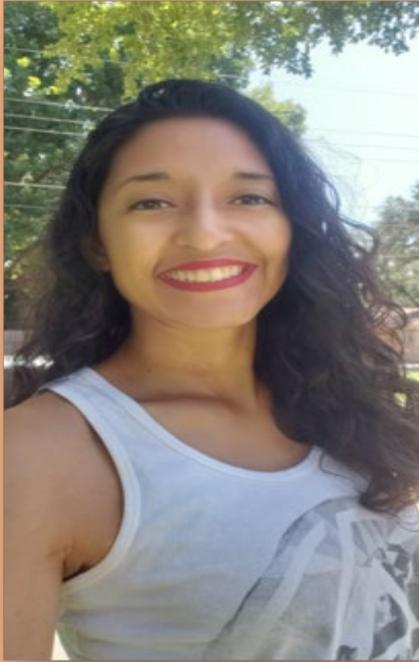
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BSW STUDENT SPOTLIGHT



Hello! My name is Pauline Sias (she/her/hers). I am a full-time student, wife and mother of two very energetic boys. I am in the BSW program and plan to graduate in Summer of 2023. My next chapter will be to obtain my MSW and become a licensed social worker so that I will be able to work in a school district with students and families. I have always had a passion of helping others, this passion grew when I worked as a Parent Liaison at a school that had many needs. Some of these needs were basic school supplies for everyday use to students and families needing emotional support outside the school setting. Here is where I found my calling to become a social worker. As this journey has led me here to UTA, I have also found a love for helping my fellow students as a USL (Undergraduate Student Leader). This opportunity has allowed me to use the skill I have learned in class and apply them with my constituents.



YOU MATTER

Affirmation

This column is intended to bring encouragement and talk about topics that include us all. As students, we experience a lot! A lot of us work, have children, families, and life events to juggle in between schoolwork. If you haven't heard it today or told yourself, you are doing a great job, keep pushing for your goals!

In today's topic we'd like to discuss positive affirmations. Do they really work? Is there a science behind it? Positive affirmations are positive phrases/statements that counter negative thoughts or feelings. After you find a positive statement about yourself, you repeat it as many times as you may need. It sounds awkward if you've never tried it, but once you get started it has the potential to bring your self-esteem up and motivate you. A theory that highlights the science behind positive affirmations is the self-affirmation theory.

This theory has three key ideas: First, through self-affirmation, we keep up a global narrative about ourselves. Secondly, self-affirmation theory argues that maintaining self-identity is not about being perfect but rather we be competent in areas we personally value. Lastly, we maintain self-integrity by acting authentically to the positive affirmations we do say. We don't say "I am a smart student" because we want to receive that phrase, rather we say it because we deserve it for acting in persistent ways to that personal value of ours.

To read more click these links:

- [Positive Affirmations](#)
- [Self-Affirmation](#)
- [Self Efficacy theory](#)



ADVISING

Need to meet with an advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click [here](#). Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.

LICENSING

- If you're in your final semester and want to get started on applying to ASWB to take the LBSW licensing exam, [click here](#) to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found [on the ASWB site](#) and our [SSW licensure page](#).
- Interested in the LCDC? Scroll to the end of this [Licensure](#) webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.

MSW ADMISSIONS

Did you know that if you pursue your MSW at UTA within 6 years of graduating with your BSW, you can finish your Masters in as fast as 1 year? We accept MSW admissions on a rolling basis. The admissions calendar can be found [here](#). If you have any questions about the process of applying to the MSW, please contact leslie.reyna@uta.edu



FIELD PLACEMENTS

General

- **All students, agencies, and Field Instructors should use this URL for InPlace:** <https://inplace.uta.edu/>
- The InPlace fee is \$67 per year or \$130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- [InPlace Training](#) and [Logbook Training](#) can be found here!
- If you are having technical difficulties with InPlace please email sswfield@uta.edu and include a screenshot of the issue.
- [Field forms are available here!](#)
- [Field FAQ](#)
- **Contact [Sharon Martin](#), LMSW, Field Advisor, with any questions!** You can also connect with her during her Field Power Hours every 1st & 3rd Thursday of the month from 3:00-3:30. [Click here to join the meeting](#)

Spring

- **The Spring 2023 Field Application Opens October 3rd. Apply ASAP once Inplace accepts Applications.**
- **All students have been placed.** Students should contact their [field advisor](#) if they are still awaiting placement.

Spring 2023

- The Spring 2023 Field Application will be open Oct. 03 – Nov. 25, 2022. These dates are subject to change. See the full Spring 2023 Field Education Calendar [here](#).

USL Opportunity!!!

USLS NEEDED!

ATTENTION BSW STUDENTS !

The School of Social Work is recruiting Undergraduate Student Leaders (USLs)



Spring 23 Applications are open now!



NEED MORE INFORMATION
CONTACT US:

Precious Bell or Laina Scivally
precious_bell@mavs.uta.edu
lms1135@mavs.uta.edu

Interested in Becoming a USL?

[Click here!](#) You can also contact [Precious Bell](#) or [Laina Scivally](#)
[Click here for the USL Application](#)

Scholarship Opportunities

Get Scholarships [TODAY!!!](#)



Sign In

Opportunities

All Opportunities

Show Filters

Welcome to Mav ScholarShop. UTA's online scholarship system! Mav ScholarShop is a one-stop shop designed to give you the most comprehensive access to UTA's generous scholarship offerings.

Your Scholarship Opportunities

As a current or newly-admitted student, Mav ScholarShop has created a student profile for you – also referred to as a general application – based on your MyMav information. Your profile is then matched nightly with open scholarship opportunities across campus.

You may be automatically matched with scholarships for which you meet the criteria, and your profile will be available to the awarding department for review. This is not a guarantee of a scholarship. These automatch scholarships will be listed as "None" under the Action column meaning no further action is required on your part.

OR

You may be a good candidate for a scholarship but more information is required. "Apply" will appear under the Action column, and you will have to complete an application specifically designed for that scholarship. These are "Recommended" scholarship opportunities and are not a guaranteed award.

All Available Scholarship Opportunities

To browse all available scholarships, click "All" under "Opportunities". Save yourself valuable time and read the scholarship descriptions carefully to determine if you would be a good candidate for the scholarship.

To view scholarship opportunities filtered according to your profile, click "Recommended" under "Opportunities". Recommended does not mean that you will definitely qualify, but it may be a good option for you. To apply directly for a Recommended opportunity, you must complete and submit the additional application associated with that opportunity.

Get Started

Log In. Log In to Mav ScholarShop using your Net ID and password. You can return to this website at any time to review your profile and any new scholarship opportunities. Follow up. Scholarship deadlines vary, so log in often to view any new scholarships or to check on pending scholarships.

IMPORTANT DATES

FALL 2022

- Oct. 3– Field Applications OPEN
- Oct. 28-- Last day to drop classes; submit requests to advisor prior to 4:00pm
- Nov. 23- No classes scheduled
- Nov. 24- Thanksgiving Holiday
- Nov. 25- Thanksgiving Holiday – Field Applications Close
- Dec. 6- Last day of classes
- Dec. 7- Student Study Day (no classes)

[SSW Lending Closet](#)

CALLING SOCIAL WORK ALUMNI!



BSW & MSW students would like you to donate your cap, gown, and hood to the Lending Closet at UTA! If you would like to donate, please reach out to the contacts below.

CONTACT US:

Precious.Bell@mavs.uta.edu
lms1135@mavs.uta.edu
Shermell.Osborne@uta.edu

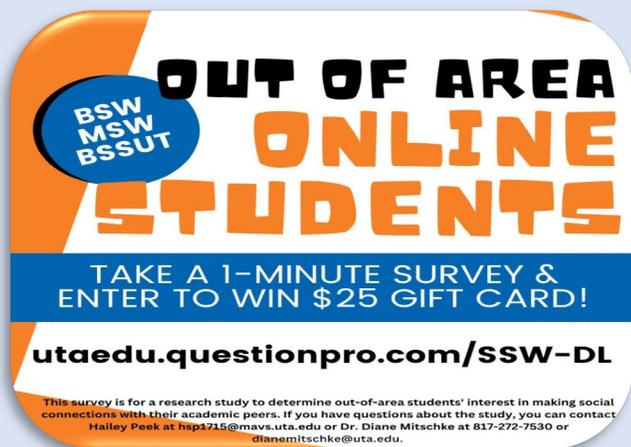
SCAN HERE



Thank You

SSW Lending Closet

1-Minute Survey for a \$25 Gift Card for out of Area Students!



If you are an out of area student within the BSW, MSW, or BSSUT program, take the 1-minute survey to win a gift card! If you are interested in wanting to win the \$25 gift card, [Click Here](#) to start the survey!

Good Luck!

Job Opportunities

Bhojani for Texas Job Opportunity

WE'RE HIRING!

HOURLY DEMOCRATIC ORGANIZERS

Join us in making history as we work to elect the first Muslim and South Asian member of the Texas Legislature!

We are looking to hire passionate and talented Organizers. Each team member will work up to 40 hours per week and will be paid \$20 an hour.

BHOJANI
DEMOCRAT FOR HD-92

WOMEN, PEOPLE OF COLOR, AND LGBTQIA+
APPLICANTS ARE STRONGLY ENCOURAGED TO APPLY.

To apply: Please send your resume and cover letter to Team@bhojanifortexas.com

Click [HERE](#) for more Information!

Masters in Social Work Information Session

Are you interested in attaining your Masters of Social Work after graduating with a BSW? Would you like to have more fields to become a social worker?

On November 5th at 11:00am, there will be an MSW session for BSW students who want to pursue a higher education. If you would like to know how to apply for the program, the MSW Information Session is a good place to stop by.

According to the event, it is “an overview of the career field, explain the quick admissions process, and discuss the academic program structure.”

This is a great way to help understand what you must do in order to start your MSW program before graduating with your Degree.

If you would like to learn more information about this event, [CLICK HERE.](#)



Upcoming Events within UTA



IPE Distinction Certificate

Interprofessional education (IPE) is “when students from two or more professions learn about, from and with each other” (WHO, 2010).

Have you participated in IPE activities while attending UTA?

Want to be recognized for your hard work?

Apply for an **IPE Distinction Certificate!**

REQUIREMENTS:

- **MUST HAVE COMPLETED AT LEAST TWO IPE ACTIVITIES WHILE ATTENDING UTA**
- **MUST BE ABLE TO DISCUSS THE IPE ACTIVITIES IN WHICH YOU PARTICIPATED**
- **SUBMIT A COPY OF YOUR RESUME THAT INCLUDES THE IPE ACTIVITIES**

To fill out an application **CLICK HERE!**

APPLICATIONS ARE DUE: November 11, 2022

Questions?
Contact: Professor Tracy Orwig
tracy.orwig@uta.edu



INTERESTED IN MACRO SOCIAL WORK?

STUDENT ASSOCIATION FOR
MACRO SOCIAL WORK (SAMSW)
OCT 3, 2022 @ 7PM

Fall Meetings: 7-8pm via Teams

October 3 (First Monday)
November 7 (First Monday)
December 5 (First Monday)

Peer Support & Professional Development for CAP Concentration, MSW Leadership Certificate, and BSW students

Click or Scan to Register!

For questions, email monica.canizares@mavs.uta.edu



THE CENTER FOR AFRICAN AMERICAN STUDIES PRESENTS

NOVEMBER POWER HOUR

RACE & ROE: RIGHTS, REPRODUCTION, & THE IMPACT OF ROE VS WADE ON BLACK BODIES

Featuring
Dr. Mia Moore-Kirby



WEDNESDAY
NOVEMBER 9TH, 2022
12:00 PM - 1:00 PM
UNIVERSITY CENTER
GUADALUPE ROOM

FOR MORE INFORMATION PLEASE CONTACT
THE CENTER FOR AFRICAN AMERICAN STUDIES
CAAS@UTA.EDU | (817) 272-9642



NAACP
University of Texas at Arlington



Macro Social Work Career Panel

The Student Association for Macro Social Work is hosting a virtual panel to introduce varied careers for macro practitioners.

NOVEMBER 1, 2022
6:00-7:30pm via Teams

Meeting ID: 234 063 671 046
Passcode: o8XVbc

Scan to join!



Hope Rodgers
Texas Homeless Network



Jessica Leech
Meadows Mental Health Policy Institute



Briana Gordley
Texas Appleseed



Shannon Hoffman
Hogg Foundation for Mental Health



Alyssa Mostaffa
Communities in Schools North Texas

SOCIAL WORK ADVOCACY DAY (SWAD) 2023

Save the date!

March 3, 2023

Texas State Capitol

@naswtx_advocacy

naswtex.naswtx@socialworkers.org

N A S W
National Association of Social Workers
TEXAS CHAPTER

[UTA Academic Calendar](#)

[Evidence-Based Practice Research Guide](#)

MANAGING STRESS AND ANXIETY DURING COVID-19

UTA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

THERAPIST ASSISTED ONLINE (TAO)

Visit TAOconnect.org



THRIVE APP



Download "Thrive at UT" on App Store or Google Play

MAVS TALK 24HR CRISIS LINE

Call (817)272-8255



Visit uta.edu/caps for more information

UTA is a...
COMMUNITY THAT CARES



[SAR Center](#) (Formerly Office of Students with Disabilities)

Survivor Support Group

Hosted by Tiffany Bland, Confidential Advocate
EVERY TUESDAY 1:30 PM - 2:30 PM
301 Ransom Hall

FREE Dental, Vision, and Health Services

December 3-4, 2022
Kay Bailey Hutchison Convention Center



JOIN US IN MAKING TEXAS HEALTHIER

After a successful event in 2021, The University of North Texas Health Science Center (UNTHSC) and Remuda Area Medical (RAM) - a nonprofit that provides free, pop-up medical clinic services to those who are underserved and uninsured - are excited to partner again this year to provide free dental, vision and medical services to the Dallas/Fort Worth area.

All RAM services are free, and no ID is required.

HSC is proud to partner with RAM to provide these crucial medical services to our community.

To learn more about the event, visit unthsc.edu/ram or call 817-272-8255.

EVENT DETAILS	SERVICES OFFERED
<ul style="list-style-type: none"> Services begin at 8 a.m. Free clinic, first-come, first-served. All RAM services are free of cost. No ID required. 	<ul style="list-style-type: none"> Adult/ Pediatric Dental Services Adult/ Pediatric Medical Services Adult/ Pediatric Vision Services Non-emergency Health Services

KNOW YOUR STATUS

No cost & confidential HIV testing

CALL OR TEXT TO SETUP AN APPOINTMENT!

PHONE: 817-476-6965
EMAIL: TYLERB@MHMRTC.ORG

THE UNIVERSITY OF TEXAS AT ARLINGTON
COUNSELING & PSYCHOLOGICAL SERVICES

MAVS talk 24 HOUR CRISIS LINE

817-272-TALK (8255)
WWW.UTA.EDU/CAPS
303 RANSOM HALL

Webinar Library

Isabella Hong, an MSW Alum, graciously compiled a list of webinar resources and a video going over the basic functioning of Teams to any who may need assistance. Special thanks to Jose B. Yerena, LCPAA, who has taken over updating the list on a weekly basis! **Please note that it is necessary to ask your supervisor permission for these to count towards any required field hours.**

[MSW Specialties](#)

[Social Work Webinars List](#)

[Basic Function of Teams](#)



Rental Assistance Program

The [Tarrant County Rental Assistance Program](#) assists residents who have been impacted by the COVID-19 pandemic. For more details, email renthelp@tarrantcounty.com or call [817-850-7940](tel:817-850-7940).

Emergency Assistance Fund

UTA students with a temporary financial hardship resulting from a sudden emergency [may apply for financial help](#).

[Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!](#)

How to gain access to SSW writing resources: [Advising & Student Success Canvas](#)

UTA/Tri-C Food Pantry Distributions

Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to utafoodpantry@gmail.com to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Maria Cruz mxc5965@mavs.uta.edu



SCHOOL OF
SOCIAL WORK

211 S. Cooper Street, Arlington TX 76019
Social Work Program
(817) 272-3613

"We Make A Living By What We Get, But We Make A Life By What We Give."

In Crisis?
Text HELLO to 741741

CRISIS TEXT LINE | Free, 24/7, Confidential

FOLLOW US ON SOCIAL MEDIA



- Winston Churchill