



**BACHELOR OF SOCIAL WORK
BACHELOR OF SCIENCE IN SUBSTANCE USE
TREATMENT**

WEEKLY UPDATE

October 11, 2022

SOCIAL JUSTICE SPOTLIGHT

**October 12th is National Freethought Day!
On October 12th we celebrate National Freethought Day!**

On this day, we are encouraged to think freely! This includes our thoughts of science, opinions on politics, poetry meaning, reasons, and ideas.

Additionally, freethought day promotes concrete logic and evidence-based decision making. It provides an open dialogue to share opinions.

National freethought day dates all the way back to the Salem Witch Trials in 1692. This was when questionable evidence of the accused “witches” started to arise within the trials. Therefore, Governor Phips of Massachusetts omitted “spectral evidence” within the court. This decision saved many accused settlers’ during the trials.

Want to know more? [Click Here](#)

TABLE OF CONTENTS

Page 1: Social Justice Spotlight

Page 2: You Matter & School of Social Work Student Spotlight

Page 3: Advising, Field Placements, Licensing, & MSW Admissions

Page 4: Important Dates, SSW Lending Closet, USL Opportunities, and Scholarships

Page 5: Substance use and Treatment information, Job Opportunities & IPE Activity

Page 6: UTA Upcoming Events

Page 7: Resources



As a first-generation college student, I'm currently a senior BSW student with a minor in Substance use Treatment. I'm a returning student to higher education. I took a break to raise my two kids Efren and Teresa. I always said I would return to get my associates degree. Which I did, and I then transferred to UTA to pursue my degree in social work. I've met a great group of friends that have encouraged me and helped me along the way. I've attended great classes with awesome professors and look forward to the rest of the journey.

Upon graduation I plan to start working on my MSW and obtain my LCDC. There are no limits to what I can do with my degrees. I've always enjoyed helping others and receiving my degrees at UTA will allow me to do so.

-Patricia Cano Saunders



Focus on relationships instead of consumption

This is Step 6 in Deepak Chopra's 10 Steps to Wholeness. The statement is clear; no ambiguity whatsoever. Perhaps if we polled a random sampling of our community, 95% would say something to the effect, "Well, duh, of course that's true!" Because we value our relationships. Right?

I believe, in theory, we do. We are aware that relationships impact every aspect of our lives; I don't know anyone who, literally, lives alone on an island. Yet valuing our relationships is not the essence of this statement; rather it is a call to action.

If we examine the word 'focus', what meaning springs to mind? The thought for me is 'camera'. If we want to get a beautiful picture, we must take the time necessary to ensure the object is in focus. Certainly, we can point-and-shoot and maybe it will be okay, maybe one out of a thousand times it will be 'pretty darn good'. But we cannot expect to get an awesome picture if we do not spend the time necessary to ensure the object is "in focus".

In comparison, the same applies to our relationships. It takes focus, which requires time and attention. It calls us to action; a deliberate expending of our energy. We know this experientially. When we focus on our relationships, they flourish. When we spend time developing and nurturing our relationships, we compound our investment. Through our connection, we feel whole, happy, fulfilled. We feel true joy.

In contrast, when we focus on consumption the outcome is far different. In the short-term, the new house, new car or new gadget will bring us joy; no doubt. But the feeling is short-lived, and it can be very short, hence the conception of the phrase "buyer's remorse". Often, the focus on consumption only exacerbates the emptiness we feel inside and increase stress through increased credit card debt; and where is the joy in that?

Bronnie Ware wrote a powerful article titled "Top 5 Regrets of the Dying". Ware worked in palliative care for years and found there was a common focus of those who were reaching the end of their time in this space, i.e., dying was imminent. In one way or another, relationships wove through the regrets. We have heard people say, "live this day as if it were your last" and this article brought depth to the meaning of this statement.

Now...this moment...we have an opportunity. What is your focus?

Warm Regards,

Dayton Ann Williams, MBA, PMP
MSW Student, Direct Practice in Mental Health & Substance Misuse, UTA

Pronouns: she, her, hers



ADVISING

Need to meet with an advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click [here](#). Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.

LICENSING

- If you're in your final semester and want to get started on applying to ASWB to take the LBSW licensing exam, [click here](#) to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found [on the ASWB site](#) and our [SSW licensure page](#).
- Interested in the LCDC? Scroll to the end of this [Licensure](#) webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.

MSW ADMISSIONS

Did you know that if you pursue your MSW at UTA within 6 years of graduating with your BSW, you can finish your Masters in as fast as 1 year? We accept MSW admissions on a rolling basis. The admissions calendar can be found [here](#). If you have any questions about the process of applying to the MSW, please contact leslie.reyna@uta.edu



FIELD PLACEMENTS

General

- **All students, agencies, and Field Instructors should use this URL for InPlace:** <https://inplace.uta.edu/>
- The InPlace fee is \$67 per year or \$130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- [InPlace Training](#) and [Logbook Training](#) can be found here!
- If you are having technical difficulties with InPlace please email sswfield@uta.edu and include a screenshot of the issue.
- [Field forms are available here!](#)
- [Field FAQ](#)
- **Contact [Sharon Martin](#), LMSW, Field Advisor, with any questions!** You can also connect with her during her Field Power Hours every 1st & 3rd Thursday of the month from 3:00-3:30. [Click here to join the meeting](#)

Spring

- **The Spring 2023 Field Application Opens October 3rd. Apply ASAP once Inplace accepts Applications.**
- **All students have been placed.** Students should contact their [field advisor](#) if they are still awaiting placement.

Spring 2023

- The Spring 2023 Field Application will be open Oct. 03 – Nov. 25, 2022. These dates are subject to change. See the full Spring 2023 Field Education Calendar [here](#).

USL Opportunity!!!

USLS NEEDED!

ATTENTION BSW STUDENTS!

The School of Social Work is recruiting Undergraduate Student Leaders (USLs)

Application are open now!



INTERESTED IN APPLYING?

CONTACT US:

Precious Bell or Laina Scivally

precious.bell@mavs.uta.edu

lms1135@mavs.uta.edu

Interested in Becoming a USL?

[Click here!](#) You can also contact

[Precious Bell](#) or [Laina Scivally](#)

[Click here for the USL Application](#)

Scholarship Opportunities

Get Scholarships [TODAY!!!](#)



Sign In

Opportunities

All Opportunities

Show Filters

Welcome to Mav ScholarShop. UTA's online scholarship system! Mav ScholarShop is a one-stop shop designed to give you the most comprehensive access to UTA's generous scholarship offerings.

Your Scholarship Opportunities

As a current or newly-admitted student, Mav ScholarShop has created a student profile for you – also referred to as a general application – based on your MyMav information. Your profile is then matched nightly with open scholarship opportunities across campus.

You may be automatically matched with scholarships for which you meet the criteria, and your profile will be available to the awarding department for review. This is not a guarantee of a scholarship. These automatic scholarships will be listed as "None" under the Action column meaning no further action is required on your part.

OR

You may be a good candidate for a scholarship but more information is required. "Apply" will appear under the Action column, and you will have to complete an application specifically designed for that scholarship. These are "Recommended" scholarship opportunities and are not a guaranteed award.

All Available Scholarship Opportunities

To browse all available scholarships, click "All" under "Opportunities". Save yourself valuable time and read the scholarship descriptions carefully to determine if you would be a good candidate for the scholarship.

To view scholarship opportunities filtered according to your profile, click "Recommended" under "Opportunities". Recommended does not mean that you will definitely qualify, but it may be a good option for you. To apply directly for a Recommended opportunity, you must complete and submit the additional application associated with that opportunity.

Get Started

Log in. Log in to [Mav ScholarShop](#) using your Net ID and password. You can return to this website at any time to review your profile and any new scholarship opportunities.

Follow up. Scholarship deadlines vary so log in often to view any new scholarships or to check on pending scholarships.

IMPORTANT DATES

FALL 2022

- **Oct. 28--** Last day to drop classes; submit requests to advisor prior to 4:00pm
- **Nov. 23-** No classes scheduled
- **Nov. 24-** Thanksgiving Holiday
- **Nov. 25-** Thanksgiving Holiday – Field Applications Close
- **Dec. 6-** Last day of classes
- **Dec. 7-** Student Study Day (no classes)

[SSW Lending Closet](#)

CALLING SOCIAL WORK ALUMNI!



BSW & MSW students would like you to donate your cap, gown, and hood to the Lending Closet at UTA! If you would like to donate, please reach out to the contacts below.

CONTACT US:

Precious.Bell@mavs.uta.edu

lms1135@mavs.uta.edu

Shermell.Osborne@uta.edu

SCAN HERE



Thank You

SSW Lending Closet

BSW and new BS in Substance Use & Treatment
Information Session

THE WORLD *talks* ABOUT CHANGE, BUT WE *create* CHANGE.

Academic recruiters from the UTA School of Social Work will provide you with an overview of the career fields, jobs, application and admissions process. Recruiters will also discuss the academic program structure for the Bachelor of Social Work degree and for the new Bachelor of Science in Substance Use & Treatment degree.

When is it? Tuesday Oct. 18th from 6:00pm to 7:00pm

Location? Social Work Complex B Room 133

Interested in joining? [Click Here!](#)

Job Opportunities

Bhojani for Texas Job Opportunity

WE'RE HIRING!

HOURLY DEMOCRATIC ORGANIZERS

Join us in making history as we work to elect the first Muslim and South Asian member of the Texas Legislature!

We are looking to hire passionate and talented Organizers. Each team member will work up to 40 hours per week and will be paid \$20 an hour.

BHOJANI
DEMOCRAT FOR HD-92

WOMEN, PEOPLE OF COLOR, AND LGBTQIA+
APPLICANTS ARE STRONGLY ENCOURAGED TO APPLY.

To apply: Please send your resume and cover letter to Team@bhojanifortexas.com

Click [HERE](#) for more Information!

Fall 2022 IPE Activity

Domestic Violence Simulation-
"In Her Shoes" Date: October
4th-18th Format: Asynchronous
Online Focus: In Her Shoes series
is designed for experiential
learning about domestic
violence. Students will be
debriefed after the activity and
supportive resources are
provided. "In Her Shoes Sign Up
Fall 2022.xlsx IPE Domestic
Violence Simulation-"Escalation"
Date: October 6th at 7pm
Format: Synchronous online and
in person Focus: This 38-minute
film follows the story of a college
couple from the sweet
beginnings of their relationship
to the tragic end. The film
examines the warning signs of an
abusive relationship. Students
will be debriefed after the
activity and supportive resources
are provided. Sign up link:
Escalation Sign Up.xlsx
Newsletter each other to enable
effective collaboration and
improve health outcomes"
(WHO, 2010).

Click [HERE](#) to learn more



Upcoming Events within UTA



LUNAFEST Film Festival & Reception

When: Friday, October 21 Films from 7 – 9 p.m. Reception until 10 p.m.

Where: Lone Star Auditorium @ MAC, UTA

What: Short films by and about women.

Tickets: \$5 for students, \$8 for general admission. Refreshments at reception included.

[Click Here](#) for more information!

The Gender, Women and Sexuality Studies program presents...

Stepping Out

October 12 11:30 - 1:30



Drinks & Dialogue

Join Dr. Marcela Nava for an exciting conversatin on Immigration and Social Work Implications as it relates to engaging in Policy Practice!

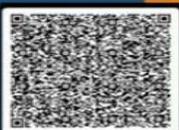
When: Oct. 13th at 12 PM

You're Invited!

JOIN US ON TEAMS



Drinks and Dialogue is a student-focused virtual workshop series where faculty and adjunct instructors lead students in discussions centered around social work practice and encourage student engagement in a Q & A format.



SCAN ME



Gerontology Organization Monthly Meeting

- Interested in creating a better world
- Interested in a career working with older adults
- Working in a field placement with older adults
- Want to build your resume with student activities
- Looking to network with your peers



Consider joining GO

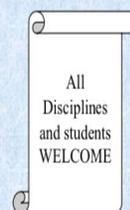
To Join GO:
<https://mavorgs.campuslabs.com/engage/>

Connect to the TEAMS Meeting



[TEAMS Meeting LINK](#)

➤ Click and search for the Gerontological Organization



Questions email: robin.otto@mavs.uta.edu or Rebecca.cole@uta.edu

DOGGY DAZE IS BACK!



DOGGY DAZE IS RETURNING FOR A FUN-FILLED FALL SEMESTER!

Stop by and de-stress with the cutest pups Arlington has to offer!

September 14
October 12
November 9



COCE KENYA'S 2ND ANNUAL

GROWING LITERACY VIRTUAL 5/10K RACE



OCT 8-14

SIGN UP TODAY!
[HTTPS://BIT.LY/3TIV9TY](https://bit.ly/3TIV9TY)



[UTA Academic Calendar](#)

[Evidence-Based Practice Research Guide](#)

MANAGING STRESS AND ANXIETY DURING COVID-19

UTA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

THERAPIST ASSISTED ONLINE (TAO)

Visit TAOconnect.org



THRIVE APP



Download "Thrive at UT" on App Store or Google Play

Visit uta.edu/caps for more information

MAVS TALK 24HR CRISIS LINE

Call (817)272-8255



UTA is a...
COMMUNITY THAT CARES



[SAR Center](#)

(Formerly Office of Students with Disabilities)

Survivor Support Group

Hosted by Tiffany Bland, Confidential Advocate

EVERY TUESDAY 1:30 PM - 2:30 PM

301 Ransom Hall

Texas Health and Human Services
COVID-19 Mental Health Support Line

If you or someone you know is feeling overwhelmed by the COVID-19 pandemic, **help is available.**

Speak with a mental health professional for help dealing with anxiety, depression, stress, grief or worry 24/7.

Call the toll-free COVID-19 Mental Health Support Line at **833-986-1919.**

KNOW YOUR STATUS

No cost & confidential HIV testing

CALL OR TEXT TO SETUP AN APPOINTMENT!

PHONE: 817-272-6965
EMAIL: TYLERB@MHMRTC.ORG

THE UNIVERSITY OF TEXAS AT ARLINGTON
COUNSELING & PSYCHOLOGICAL SERVICES

MAVS talk 24 HOUR CRISIS LINE

817-272-TALK (8255)
WWW.UTA.EDU/CAPS
303 RANSOM HALL

Webinar Library

Isabella Hong, an MSW Alum, graciously compiled a list of webinar resources and a video going over the basic functioning of Teams to any who may need assistance. Special thanks to Jose B. Yerena, LCPAA, who has taken over updating the list on a weekly basis! **Please note that it is necessary to ask your supervisor permission for these to count towards any required field hours.**

[MSW Specialties](#)

[Social Work Webinars List](#)

[Basic Function of Teams](#)

Rental Assistance Program



The [Tarrant County Rental Assistance Program](#) assists residents who have been impacted by the COVID-19 pandemic. For more details, email renthelp@tarrantcounty.com or call [817-850-7940](tel:817-850-7940).

Emergency Assistance Fund

UTA students with a temporary financial hardship resulting from a sudden emergency [may apply for financial help](#).

[Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!](#)

How to gain access to SSW writing resources: [Advising & Student Success Canvas](#)

UTA/Tri-C Food Pantry Distributions

Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to utafoodpantry@gmail.com to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Maria Cruz mxc5965@mavs.uta.edu



SCHOOL OF
SOCIAL WORK

211 S. Cooper Street, Arlington TX 76019
Social Work Program
(817) 272-3613

"We Make A Living By What We Get, But We Make A Life By What We Give."

In Crisis?
Text HELLO to 741741

CRISIS TEXT LINE | Free, 24/7, Confidential

FOLLOW US ON SOCIAL MEDIA



- Winston Churchill