



WEEKLY UPDATE
August 29, 2022



SOCIAL JUSTICE SPOTLIGHT

September 4 is World Sexual Health Day!

September 4 is World Sexual Health Day, where we raise GREATER awareness to sexual health, celebrate sexuality and promotes sexual rights. What is sexual health? Sexual health regards your well-being mentally, physically and emotionally well-being regarding our sexuality. Our sexual wellbeing influences our medical issues, education and over all sexual behavior.

On this day we also look at our sexual rights, here are just a few:

- equality and non-discrimination
- autonomy and bodily integrity
- be free from all forms of violence and coercion
- privacy
- the highest attainable standard of health, including sexual health
- accurate information
- education
- decide to have children and how many to have
- access justice

How To Observe

- Educate yourself on ways to stay safe
- Take part in a [conference](#)
- Talk about it!

Sources:<https://www.worldsexualhealthday-northamerica.com/>

FRIDAY 9-9-22
CREATING & DEEPENING CONNECTIONS
WORLD SEXUAL HEALTH DAY
WORLD ASSOCIATION FOR SEXUAL HEALTH & STANFORD UNIVERSITY'S WELLING HEALTH INITIATIVE & SEXUAL HARASSMENT/ASSAULT RESPONSE & EDUCATION TITLE IX OFFICE

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STUDENT SPOTLIGHT



Get to know our Student Leaders!

Hey guys, my name is Tava A. Romaine (She/Her/Hers), I have been at UTA for the last 3 semesters and I'm loving every moment. I do have to attend online classes, so I feel like I'm missing out on the full college experience. I was a student leader last semester; I'm learning more and more each day.

I do plan to finish my BSW and pursue my MSW. I long to work with troubled teens or young adults in our juvenile system. I would say that I lead when leading needs to be done, but I'm mostly a behind the scenes type of girl and I also love to help others without anyone knowing. I was always told to be a nurse and that was the way to help people, but I took one Class in the Social Work field and I have been hooked ever since and looking forward to all I can learn.

I am not a native of Texas, but I'm learning to love it here as so many Texans do. I have been slow to learn the roads and not a fan of the heat or the ice. I look forward to what the University of Arlington will bring me, I'm thankful for the opportunity to be a part of the leadership program and can't wait to see where it takes me in the future.

Interested in becoming a USL in the Spring 2023?
[Click here!](#)

ORGANIZATION SPOTLIGHT



The Gerontological Organization (GO) invites all UTA students interested in advancing the field of aging, as well as reducing agism to join us to network, realize new opportunities, and increase our understanding on the needs and ways to support our growing older adult population.

GO is a student organization created by the school of social work and open to all UTA students.

Mission statement: "The Gerontology Organization (GO) aims to create opportunities for students interested in learning about, serving, and working with older adults to network with like-minded students across UTA and to develop their professional portfolio. Together we aim to create an Age Friendly UTA campus!"

Aligned with recommendations across the literature for multidisciplinary approaches to address the needs of our growing older adult population, GO offers several opportunities to student members:

- **Networking** opportunities for UTA students across various fields of study to meet and interact with like-minded students, as well as with professionals currently working in the field of aging.
- **Collaboration** opportunities to enhance school projects, research work, and publications with perspectives outside the scope of one discipline.
- **Learning** opportunities to equip student members with a robust knowledge base of other disciplines and how they approach, perceive, and how disciplines may support each other in their work with older adults.
- **Career exploration** opportunities through presentations provided by professionals working in the field of aging to prepare our student members on course work and qualifications necessary for successful employment
- **Civic Engagement** opportunities through volunteerism, as well as by learning strategies to increase awareness across the UTA campus and in our communities regarding stereotypes, prejudices, and discrimination that may be harmful or hurtful to older adult student learners and the overall older adult population.
- **Resume and curriculum vitae building** opportunities. GO encourages student involvement and welcomes student champions to suggest projects, lead or organize projects, and contribute in ways that will benefit their long-term goals.

GO welcomes all UTA students of all ages with a passion for older adults and the field of aging.

Join us and GO far!

Join the UTA School of Social Work Gerontological Organization (GO)

First Meeting: September 12, 2022 – 5:30 – 6:30P

TEAMS Link: [CLICK HERE](#) to join the meeting.

- Interested in creating a better world
- Interested in a career working with older adults
- Working in a field placement with older adults
- Want to build your resume with student activities
- Looking to network with your peers
- Consider joining GO



To Join GO:
<https://mavorgs.campuslab.com/engage/>

➤ Click and search for the Gerontological Organization



Questions:
robin_otto@mav.uta.edu
or raes1028@mav.uta.edu



To join GO click [HERE!](#)



YOU MATTER



I have learned...through a great deal of missing the mark and adjusting...that whenever I take the focus off of what is going on inside of me and direct that focus to another...what is wrong with them...everything gets out of balance inside of me. It is a high price I pay when I attempt to ditch what I am responsible for...my thoughts, feelings, and choices.

It typically goes something like this...someone says or does something, and I notice that I become incredibly anxious or stressed. I don't want to feel anxious, and I want an immediate solution NOT to feel stressed. So, the quickest path to resolution is to blame the person for their actions and for 'making me' feel anxious. Well, we all know that nobody can make us feel anything; how we feel in any given situation is completely within our power.

What is the result? I will continue to feel anxious and out of balance until I stop and turn the question inward...where is this anxiety coming from? Sometimes I have to sit with the question for awhile...maybe hours...maybe days...maybe weeks...for it all depends on how willing I am to be honest with myself. Their words or actions were merely a catalyst for making me aware of an old wound...I say old wound for rarely is it about something in the here and now.

As I walk this journey of evolution and awakening, I notice that the present continuously offers opportunities to heal the past in the now...as long as I enter the process with a few perspectives. First is mindfulness...which is simply another way of saying 'being present in the now'. Next is curiosity...the ability to wonder...for when we are in wonderment, it is much easier to leave judgement out of the picture completely.... and this is foundational to healing. Finally, to be open. If we want to experience something different, we have to do something different. A common saying in 12-step programs is 'insanity is doing the same thing over and over expecting different results' or the proverbial beating our head against the wall. A quote that applies to these concepts is attributed to Herbert Spencer, "There is a principle which is a bar against all information, which is proof against all argument, and which cannot fail to keep a man in everlasting ignorance. This principle is contempt prior to examination"

Consequently, taking each situation as an opportunity to learn something about myself becomes a magical and transformative process. I give myself the opportunity to identify and release patterns that no longer serve me. I give myself the opportunity to experience a whole new level of self-awareness, self-acceptance, and self-love. I become proficient at self-regulating my emotions...of addressing the source of the anxiety.... as well as steps to alleviate the anxiety. I believe that each of us have...within us...the answers to whatever questions we have. It is simply a matter of tapping into that innate wisdom...our higher self...Great Spirit...Universal Consciousness...God within...or whatever name you choose. Remember, this is your journey, and you are creating your reality with every thought, feeling and choice. You get to decide how you want to respond; this is where your personal freedom and personal power lie.

What did you learn about yourself today? How has your life changed? What is different now? Do you feel an increased vibration of love, joy, grace, or peace? Do you have more to explore about a particular experience, thought or feeling? Do you feel closer to your authentic self. Do you feel empowered?

My wish for you? Whatever the day brings, anchor yourself in the now and embrace the beautiful you. This journey is uniquely yours...you are writing the script...you are telling the story...trust the journey...trust yourself...**for you matter.**

Dayton Ann Williams, MBA, PMP®
MSW Student, Direct Practice in Mental Health & Substance Misuse
MHPS (Certified Mental Health Peer Specialist)
CPC® (Certified Professional Coach)

COURSE SPOTLIGHT

How do pollution & climate change impact vulnerable communities?
What can social workers do about it?

Environmental Justice & Green Social Work

Fall 2022

Topics include:

- Environmental Racism
- Ecological issues for children, older adults, women, and low-income populations
- Climate-forced Migration
- Natural Disaster Response
- Health & The Environment
- Ecotherapy for Mental Health
- Environmental Policy
- Micro and Macro Level Advocacy Strategies

**All readings are free!
No textbook to purchase!**

Course: **SOCW 3310** (Undergraduate) / **SOCW 5310** (Masters)
Environmental Justice & Green Social Work

Modality: Online- Asynchronous (with recorded lectures and optional live sessions)

Instructor: Karen Magruder, LCSW-S
Assistant Professor of Practice
karen.magruder@uta.edu



IMPORTANT DATES

FALL 2022

- **September 5** --Labor Day Holiday
- **September 7**– Census Date
- **Oct. 28**-- Last day to drop classes; submit requests to advisor prior to 4:00pm
- **Nov. 23**- No classes scheduled
- **Nov. 24**- Thanksgiving Holiday
- **Nov. 25**- Thanksgiving Holiday
- **Dec. 6**- Last day of classes
- **Dec. 7**- Student Study Day (no classes)

BSSUT SPOTLIGHT

The Bachelor of Science in Substance Use & Treatment (BSSUT) “The degree will use a multidisciplinary approach to understand the biological, psychological and social aspects of substance misuse,” said Scott Ryan, dean of the School of Social Work. “Its curriculum for assessment and treatment methods for substance misuse are based on evidence-informed and research-supported practices that will enable students and future professionals to understand and treat individuals, families, groups and communities while preparing graduates for careers in this field.”

Continue reading [here](#)

Shermell Osborne
shermell.Osborne@uta.edu

Dr. Allison Tomlinson, PhD, LCSW-S
allison.tomlinson@uta.edu

For more info and FAQ's [Click Here](#)

Degree Progress Worksheet [Click Here](#)



ADVISING

- Need to meet with your advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click [here](#). Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.
- **If your advisor's appointment schedule is full, please consider emailing them for email-advising, or attend their weekly Power Hour.** Please check advising appointments every Monday when new availability opens up for the coming weeks.

BSW Academic Advisors:

- Sabrina Earle – sabrina.earle@uta.edu
- Kyleigh Easter- kyleigh.easter@uta.edu

LICENSING

- If you're in your final semester and want to get started on applying to ASWB to take the LBSW licensing exam, [click here](#) to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found [on the ASWB site](#) and our [SSW licensure page](#).
- **Click [here](#) for a recording of our Social Work Licensing Information Session, held in April 2021.**
- Interested in the LCDC? Scroll to the end of this [Licensure](#) webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.

MSW ADMISSIONS

Did you know that if you pursue your MSW at UTA within 6 years of graduating with your BSW, you can finish your Masters in as fast as 1 year? We accept MSW admissions on a rolling basis. The admissions calendar can be found [here](#). If you have any questions about the process of applying to the MSW, please contact doloresbevins@uta.edu



FIELD PLACEMENTS

General

- **All students, agencies, and Field Instructors should use this URL for InPlace:** <https://inplace.uta.edu/>
- The InPlace fee is \$67 per year or \$130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- [InPlace Training](#) and [Logbook Training](#) can be found here!
- If you are having technical difficulties with InPlace please email sswfield@uta.edu and include a screenshot of the issue.
- [Field forms are available here!](#)
- [Field FAQ](#)
- **Contact [Sharon Martin](#), LMSW, Field Advisor, with any questions!** You can also connect with her during her Field Power Hours every 1st & 3rd Thursday of the month from 3:00-3:30. [Click here to join the meeting](#)

Fall 2022

- The Fall 2022 Field Application is now open.
- Application Deadline is **NOW CLOSED**.
- See the Fall 2022 Field Education Calendar for Block and for Split [here](#).
InPlace fee is due on the first day of class

Spring 2023

- The Spring 2023 Field Application is open **October 03, 2022**.
- Application deadline is November 25, 2022
- See the Spring 2023 Field Education Calendar for Block and for Split [here](#).
InPlace fee is due on the first day of class



GET INVOLVED

The School of Social Work Virtual Clinic
Need additional support? The School of Social Work Virtual Clinic offers FREE services. Support groups are offered virtually, weekly to BSW students. Please email SSWVirtualClinic@uta.edu for more information.

The School of Social Work Virtual Clinic

Weekly Virtual Support Schedule

Tuesday	Thursday	Saturday
Parenting After a Pandemic 6pm - 7pm	Caregiving for Others 6pm - 7pm	First Generation and International Students' Success 9:00am - 10:00am
Promoting Healthy Habits 7:15pm - 8:15pm	Women's Virtual Room of Recovery 7:15pm - 8:15pm	Accommodating for Success 10:15am - 11:15am
		Building Better Interpersonal Relationships 11:30am - 12:30pm

Need additional support? The School of Social Work Virtual Clinic offers FREE services. Support groups are offered virtually, weekly to BSW students. Please email SSWVirtualClinic@uta.edu for more information.



STUDENTS FOR GLOBAL CHANGE (SGC)

Interested in making an impact regarding social injustices? Advocate for social issues? Join Students for Global Change (SGC) to start making an impact!!

MEETS EVERY 3RD WEDNESDAY PDF EACH MONTH | 5-6 PM | TEAMS VIRTUAL MEETINGS EVERYBODY'S WELCOME!

To participate, please register:
<https://forms.gle/8nHefgf53iB1EXqa9>



Follow us @SGCUTA- Students for Global Change



Email us at sgc.uta@gmail.com

SUPER SERVICE SATURDAY



September 10th | 9am-1pm

Registration deadline: August 31st

Join us for a day of volunteering!

Connections Tutoring Lab
UTA School of Social Work

NOW OPEN

Schedule a 30 minute session with a writing tutor!

Book your session **HERE!**

<https://outlook.office365.com/wal/calender/UTASOCWConnectionsLab@uva.uta.edu/bookings/>

DHA
Housing Solutions for North Texas



EVENTS



WELCOME BACK WEEK

MONDAY AUGUST 22ND

MAVS MEET CONVOCATION

CELEBRATE THE START OF THE NEW ACADEMIC YEAR WITH MAVSMEET AT THE COLLEGE PARK CENTER
6 PM

WEDNESDAY AUGUST 24TH

WAFFLEOPOLIS

THE EVENING WILL INCLUDE NEW AND OLD FRIENDS MEETING UP TO ENJOY WAFFLES WITH A VARIETY OF TOPPING. LOCATED AT BRAZOS PARK
8 PM

WEDNESDAY AUGUST 31ST

MAVERICK ACTIVITY FAIR DAY

ACTIVITY FAIR DAY IS A PRIME OPPORTUNITY TO MEET FACE-TO-FACE WITH AN ARRAY OF CAMPUS AND COMMUNITY RESOURCES.
10:00 AM- 1:30 PM

Join the UTA School of Social Work Gerontological Organization (GO)

First Meeting: September 12, 2022 – 5:30 – 6:30P

TEAMS Link: [CLICK HERE](#) to join the meeting.

- Interested in creating a better world
- Interested in a career working with older adults
- Working in a field placement with older adults
- Want to build your resume with student activities
- Looking to network with your peers
- Consider joining GO



Door prizes

To Join GO:
<https://mavorgs.campuslab.com/engage/>

Click and search for the Gerontological Organization

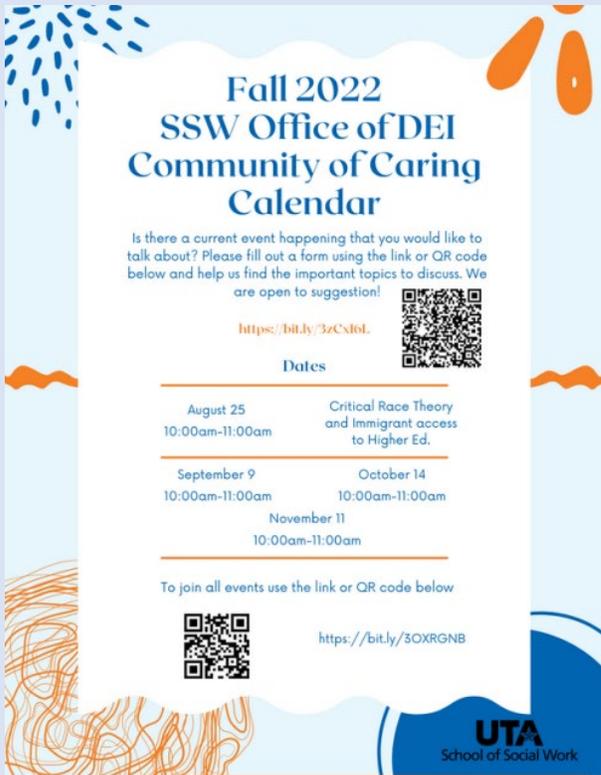


BSW and MSW Students WELCOME

Questions:
robin.otto@mavs.uta.edu
or [817-598-6111](tel:8175986111)

Tell your peers!

PROFESSIONAL DEVELOPMENT TRAININGS



**Fall 2022
SSW Office of DEI
Community of Caring
Calendar**

Is there a current event happening that you would like to talk about? Please fill out a form using the link or QR code below and help us find the important topics to discuss. We are open to suggestion!

<https://bit.ly/3zCx6L>

Dates

August 25 10:00am-11:00am	Critical Race Theory and Immigrant access to Higher Ed.
September 9 10:00am-11:00am	October 14 10:00am-11:00am
	November 11 10:00am-11:00am

To join all events use the link or QR code below

<https://bit.ly/3OXRGNB>

UTA
School of Social Work

[Making an Accessible PDF Document From a Word Document](#)

Virtual Only

Date

Monday 08/29/2022, 10:00 AM – 11:00 AM (1 hr)

Prerequisite:#1 Electronic Accessibility - Why, What and How

[A Day In Your Shoes](#)

In-Person Only

Location

Library, Room Atrium

Date

Tuesday 09/13/2022, 10:00 AM – 12:00 PM (2 hrs)

[Mav Ally 1.0](#)

Virtual Only

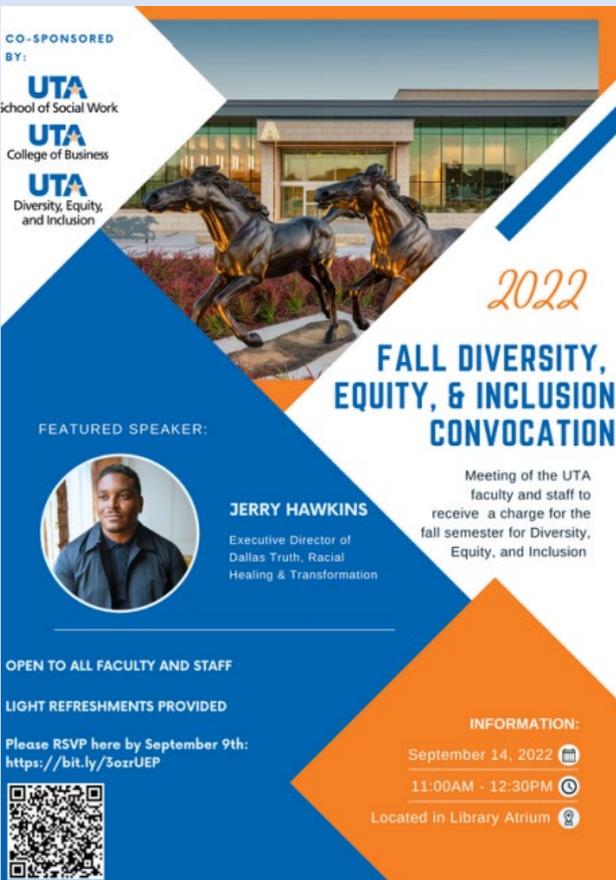
Date

Thursday 09/15/2022, 10:00 AM – 12:00 PM (2 hrs)

[GLOBAL ENGAGEMENT - INTERCULTURAL COMPETENCY TRAINING](#)

Virtual Only

THURSDAY 10/20/2022, 10:00 AM – 11:00 AM



CO-SPONSORED BY:
UTA School of Social Work
UTA College of Business
UTA Diversity, Equity, and Inclusion

**2022
FALL DIVERSITY,
EQUITY, & INCLUSION
CONVOCATION**

FEATURED SPEAKER:



JERRY HAWKINS
Executive Director of Dallas Truth, Racial Healing & Transformation

Meeting of the UTA faculty and staff to receive a charge for the fall semester for Diversity, Equity, and Inclusion

OPEN TO ALL FACULTY AND STAFF

LIGHT REFRESHMENTS PROVIDED

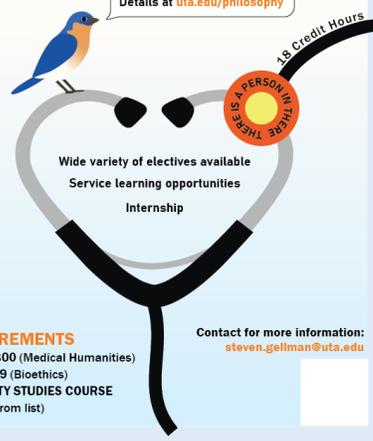
Please RSVP here by September 9th:
<https://bit.ly/3ozrUEP>

INFORMATION:
September 14, 2022
11:00AM - 12:30PM
Located in Library Atrium

Visit [the Diversity, Equity & Inclusion Professional Development UTA Website!](#)

Introducing our updated Minor in Medical Humanities and Bioethics

Details at uta.edu/philosophy



REQUIREMENTS
HUMA 3300 (Medical Humanities)
PHIL 3319 (Bioethics)
DISABILITY STUDIES COURSE
(Chosen from list)

Contact for more information:
steven.gellman@uta.edu

ACADEMIC OPPORTUNITIES

NEW BSSUT COURSES

This Fall, ALL undergraduate students can take advantage of the NEW course offerings of the Bachelor of Science in Substance Use Treatment course catalog.

Course descriptions are available on the SSW Web Page
[BSSUT Program Course](#)

Course Options

- SUT 3310 - Screen, Assess, Engage
- SUT 3319 - Treatment Management
- SUT 3321 - Substance Use Treatment

COGNELLA CARES SCHOLARSHIP PROGRAM

We'd like to recognize your outstanding students!

We're accepting submissions for the Cognella Cares Student Scholarship Program through September 25, 2022. This program awards undergraduate students from any academic discipline with scholarships for writing essays on timely and relevant topics that impact higher education, student life, and society at large.

SOCIAL WORK CONNECTIONS LAB



- RECEIVE HELP WITH:
- Brainstorming ideas **FREE!**
 - APA formatting **FREE!**
 - Writing flow & structure **FREE!**
 - Meeting requirements **FREE!**
 - Build social work skills **FREE!**
 - Avoiding plagiarism **FREE!**



Log in to your school account and go to: <https://tinycloud.com/3boc131f>

Get ahead this semester by booking your appointments now!

FALL 2022 Clinical Medicine and the Human Experience

SCIE 4303 The Medical Specialties from the Patient/Human Perspective

No prerequisites

Counts toward the Certificate in Medical Humanities and the Minor in Medical Humanities & Bioethics

Professor: Steven Gellman MD, MFA Family Physician

VOLUNTEER OPPORTUNITIES

USLs Needed!

UTA School of Social Work

Attention BSW students! The School of Social Work is recruiting Undergraduate Student Leaders (USLs).

Application opens in April, for the Summer 2022 semester!

Are you interested in applying? If so, contact Ashley Schmidt or Esther Rocha.

ashley.schmidt2@mavs.uta.edu
esther.rocha@mavs.uta.edu

Road To Recovery: Trauma Informed Care

Applications Open for 2023

The Texas Center for Disability Studies is offering an exciting training opportunity – FREE to selected applicants. The Center is recruiting applicants to become master trainers of the Road to Recovery: Supporting Children with Intellectual/Developmental Disabilities Who Have Experienced Trauma.

The virtual training offers IDD professionals, mental health professionals, family members, educators, direct care workers and others valuable insights into how to support children with intellectual and other developmental disabilities in healing from trauma.

Interested in becoming a trainer? Complete the application on disabilitystudies.utexas.edu/R2R

Deadline to submit your application is November 14, 2022. Questions? Contact r2rtcds@gmail.com.

The University of Texas at Austin Texas Center for Disability Studies | Hogg Foundation for Mental Health

REGISTER TODAY

2022 NASW Texas Hybrid Conference

October 13-15, 2022

Student Volunteers Needed!

NASW
National Association of Social Workers
TEXAS CHAPTER

TARRANT AREA FOOD BANK

tafb.org

Volunteer TODAY



RESEARCH

[Social Work Course Guides](#)

[Student Research Opportunity Center](#)



UNIVERSITY OF TEXAS ARLINGTON | SCHOOL OF SOCIAL WORK

TITLE IV-E STIPEND FOR BSW/MSW STUDENTS

FOR STUDENTS WHO ARE INTERESTED IN:

- CHALLENGING AND REWARDING WORK**
Students will be working with children, parents and families impacted by child abuse and neglect, and who are in foster and adoptive placement.
- FINANCIAL AID**
Stipend amount offered through Title IV-E Child Welfare Programs are:
BSW Students: \$ _____
MSW Students: \$ _____
- INTENSIVE TRAINING AND SOCIAL WORK EXPERIENCE**
No other field and work setting offers such wide range of opportunities to learn, network, and grow.
- POST GRADUATION OPPORTUNITIES**
Students sign a contract with the Department of Family and Protective Services (DFPS) to complete a minimum of 8 months of employment with full salary and benefits.

HOW TO APPLY

- GET IN TOUCH**
Start the process by contacting Stipend Coordinator Kimberly Evans at kimberly.evans@uta.edu or an appointment to discuss the application process and obtain an application form.
- STIPEND APPLICATION & WRITING SAMPLE**
Complete the stipend application and writing sample online, and return to kimberly.evans@uta.edu by stipend deadline.
- LETTER OF RECOMMENDATION**
Submit letter of recommendation from a UTA professor to kimberly.evans@uta.edu by stipend deadline.
- PRELIMINARY INTERVIEW**
Participate in a preliminary interview with UTA Title IV-E Stipend Program Coordinators.
- FINAL INTERVIEW AND SELECTION**
Eligible candidates will be invited to a final interview with Child Protective Services staff.

CONTACT US:
KIMBERLY EVANS, LCSW
TITLE IV-E COORDINATOR
[KIMBERLY.EVANS@UTA.EDU](mailto:kimberly.evans@uta.edu)

VISIT US ONLINE:
UTA.EDU/SSW

The Child Welfare Stipend is provided through the Title IV-E Training Contract, a federally funded initiative to enhance child welfare practice by infusing the work force with more BSW and MSW educated practitioners.



STAY SAFE



Covid-19 Vaccine

Contact covidvaccine@uta.edu with any questions. If the dates and times of these clinics don't work for you, the COVID-19 vaccine is free and widely available in Arlington and surrounding communities. To find a vaccine or booster near you, enter your zip code into the [CDC's COVID-19 vaccine finder](#).

[Click Here for more information.](#)

Daily Self-Check before Coming to Campus



All students must take their temperature daily before going to campus. If you experience any symptoms that are new, worsening, or not normal for you, please remain or return home.

[Required COVID-19 testing and new protective measures for Spring 2022 \(English and Español\) \(uta.edu\)](#)

Classroom density, updated info from university on testing and return to campus

KNOW YOUR STATUS

No cost & confidential HIV testing
CALL OR TEXT TO SETUP AN APPOINTMENT!

PHONE: 602-478-6965
EMAIL: TYLERB@HMHIV.UTX.ORG

Dean Ryan's Statement on COVID-19 Health Disparities



Are you a student in recovery from substance use? If so, you may be eligible to offer feedback on a new VR based tool for substance use treatment. [Click here](#) for more information.

FALL 2022



SOCW 5392 ONLINE-ASYNCHRONOUS SOCIAL WORK AND LAW SPECIAL TOPICS COURSE

Designed to provide essential forensic knowledge and skills to advance social worker influence within legal environments.

Students will learn how to:

- Discover when problems are legal and require legal action
- Respond to Subpoena
- Analyze Case Law
- Participate in Judicial Proceedings
- Perform as a witness in court
- And more

INSTRUCTOR
Dr. Sherece Shavel, Assistant Professor of Practice

EMAIL FOR MORE INFORMATION: sherece.shavel@uta.edu

As a phoenix rises from the ashes...

"If you are military connected, 18 or older, and have transformed your trauma into a personal growth experience contributing to the growth and/or transformation of others, you may be eligible to participate in a research study."

Posttraumatic Growth and Transformation in Military-Connected Populations

The purpose of this research study is to better understand the factors, elements and turning points that contribute to a military loss or trauma becoming a personal posttraumatic growth experience that results in a transformation outcome of helping others. In other words, a transformation outcome creates a ripple effect of paying it forward in service to one's community and the world.

Location for follow-up interviews:

- Video interviews via ZOOM meeting

You can choose to participate if you:

- are over 18 years old,
- are a member of a military-connected population (i.e., Service Member, Reservist, National Guard, Veteran, Family member, or spouse),
- have directly or indirectly experienced a loss or trauma that is military related,
- have transformed your trauma into a personal growth experience contributing to the growth and/or transformation of others,
- have at least 2 years from last traumatic experience.

Time Commitment Required:

- 90 - 120 minutes for online anonymous survey
- Participants will be entered into a drawing to win 5 \$25 Amazon gift cards
- 45 - 60 minutes for follow-up interview if chosen
- Participants will receive a \$25 Amazon gift card

Are you unsure if you meet the requirements? Please call or email a member of the study team:

Dr. Sherece Shavel
(MSW, PhD, MSW Student)
Co-Principal Investigator
SSW_1@uta.edu
817-273-3281

UNIVERSITY OF TEXAS ARLINGTON

For more information [CLICK HERE TO ACCESS OUR WEBSITE](#)
The University of Texas at Arlington, School of Social Work

UNIVERSITY OF TEXAS ARLINGTON

Research Participation Opportunity

Volunteers needed for an exploratory survey of childhood experiences and well-being in transition-age youth.



youngadultwellbeing.questionpro.com

Thank you for your interest and participation! We understand that your time is valuable. Participants who complete the survey will be entered into a raffle for one of ten \$20 Amazon gift cards.

If you have any questions, please contact the research team at:
katherine.fahrenthold@mavs.uta.edu
or
catherine.labrenz@uta.edu

UTA Academic Calendar

Evidence-Based Practice Research Guide

MAVS UNITE

Created for you!



Check Canvas for the MavsUnite Page!
To add please e-mail:
[Emily Clark](mailto:Emily.Clark@uta.edu)

SAR Center

(Formerly Office of Students with Disabilities)

MANAGING STRESS AND ANXIETY DURING COVID-19

UTA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

THERAPIST ASSISTED ONLINE (TAO)

Visit TAOconnect.org



THRIVE APP



Download "Thrive at UT" on App Store or Google Play

MAVS TALK 24HR CRISIS LINE

Call (817)272-8255



Visit uta.edu/caps for more information

UTA is a COMMUNITY THAT CARES



SOCIAL WORK CONNECTIONS LAB



RECEIVE HELP WITH:

- Brainstorming ideas
- APA formatting
- Writing flow & structure
- Meeting requirements
- Build social work skills
- Avoiding plagiarism

FREE!
FREE!
FREE!
FREE!
FREE!
FREE!



Login to your school account and go to: <https://myval.com/33co33tk>

Get ahead this semester by booking your appointments now!



DREAMERS WELCOME

In Crisis?
Text HELLO to 741741

CRISIS TEXT LINE |

Free, 24/7, Confidential

Please contact us with any additional questions.

Visit uta.edu/caps or Scan the QR code

UTA
Academic Success Center
Office of Student Success

Information for Students

Our Services

Peer-Led Team Learning (PLTL)
Ready and group study workshops are offered to support UTA students in their academic success. PLTL helps you gain a better understanding of content, concepts, and how to apply that content.

PLTL is free for students but requires registration required during their course.

PLTL study groups begin the 3rd week of class and attendance is mandatory. Class presence is required for PLTL. Hours of operation: Tuesdays for 15 hours a week through study sessions, Monday-Friday.

PLTL requires an advisor and an advisor who has demonstrated academic competency in the upper-level.

Supplemental Instruction (SI)
SI is a program of academic support for students who are struggling in a course. SI is a peer-led program that provides additional support and resources to students who are struggling in a course. SI is a peer-led program that provides additional support and resources to students who are struggling in a course.

Tutoring
Tutoring is available for all upper-level and graduate students. Tutoring is available for all upper-level and graduate students. Tutoring is available for all upper-level and graduate students.

Academic Coaching
Academic Coaching is a program that provides support and resources to students who are struggling in a course. Academic Coaching is a program that provides support and resources to students who are struggling in a course.

THE UNIVERSITY OF TEXAS AT ARLINGTON
COUNSELING & PSYCHOLOGICAL SERVICES

MAVS talk

24 HOUR CRISIS LINE

817-272-TALK (8255)
WWW.UTA.EDU/CAPS
303 RANSOM HALL

UTA Library Accessibility

On-Demand & Live Fitness Classes

Rental Assistance Program

The [Tarrant County Rental Assistance Program](http://tarrantcounty.com) assists residents who have been impacted by the COVID-19 pandemic. For more details, email renthelp@tarrantcounty.com or call [817-850-7940](tel:817-850-7940).

The Lifeline is **FREE**, confidential, and always available.

HELP a loved one, a friend, or yourself.

Community crisis centers answer Lifeline calls.

NATIONAL SUICIDE PREVENTION LIFELINE
1-800-273-TALK (8255)
suicidpreventionlifeline.org

Learn the Warning Signs.

Emergency Assistance Fund
UTA students with a temporary financial hardship resulting from a sudden emergency [may apply for financial help.](#)

Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!

How to gain access to SSW writing resources: [Advising & Student Success Canvas](#)

UTA/Tri-C Food Pantry Distributions
Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to utafoodpantry@gmail.com to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Olga Carrillo : Olga.carrillo@mavs.uta.edu

