



WEEKLY UPDATE July 11, 2022



SOCIAL JUSTICE SPOTLIGHT

July 18 is International Nelson Mandela Day!

On July 18, we pay tribute to Nelson Mandela who was a political leader, activist and one of the most famous anti-apartheid activists in South Africa.

This day was chosen because it was Mandela’s birthday.

He was imprisoned in 1963 for leading the liberation movement against apartheid. The court gave him a life sentence for this, and he served 27 years until he was released in 1990 by President F.W. de Klerk. He then went on to serve as President of the country from 1994 to 1999.

After his presidency, Mandela became a philanthropist with a special focus on education.

How to Observe

- Learn about the history of South Africa and the issue of apartheid
Read a book by Nelson Mandela
Donate to the Nelson Mandela Foundation

Education is the most powerful weapon which you can use to change the world. – Nelson Mandela

Sources: https://www.nelsonmandela.org/



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STUDENT SPOTLIGHT



Get to know our Student Leaders!

Hello! My name is Kristen Kerr (she/her/hers) and I am a senior in the BSW program expected to graduate in spring 2023. I aspire to become a community social worker in which I help impoverished communities and people who are struggling with mental health. I plan on advocating as much as possible and really enhance and uplift the social work niche.

After I get my BSW, I also plan to continue my studies and get my MSW right after. In my spare time, I absolutely love to volunteer and find new skills. My most memorable volunteer experience is volunteering at Genesis Women's Shelter with domestic violence survivors and The Salvation Army where I helped at the food pantry. I take pride in the work I do and make sure I always help others, especially people who rely on it. Social work was definitely a calling to me and I enjoy every second of it!

I am excited for this road ahead and the hard work starts now! I am honored to spend my undergraduate journey here because the UTA School of Social Work has amazing opportunities and connections that are lifelong. Thanks to all the professors/peers that have guided my journey.

Interested in becoming a USL in the fall? [Click here!](#)

YOU MATTER



Meditation & The Benefits

Is meditation effective? I asked myself this question at the beginning of this year when I was making a list on new things, I would try for myself. I've always heard that it is great for a person's health for many reasons.

Reasons why you should try meditation?

- It reduces STRESS
- Since it reduces stress... it reduces anxiety levels too!
- It may enhance your self-awareness about yourself
- Improvements in attention span & reducing [age-related memory loss](#)
- Improve [sleeping patterns](#)
- It is accessible & don't need equipment

Try different forms of meditation to find your fit. Here is one of the first videos I watched a few months ago. I try to practice my breathing everyday in the morning to start my day off right. This is something I didn't think would make a huge difference, but it has become routine. I have seen my mood become more positive!



Interested in writing your own "YOU MATTER" section for others? Email: Olga.carrillo@mavs.uta.edu

Sources: <https://www.apa.org/monitor/2012/07-08/ce-corner>

COURSE SPOTLIGHT

How do pollution & climate change impact vulnerable communities?
What can social workers do about it?

Environmental Justice & Green Social Work

Fall 2022

Topics include:

- Environmental Racism
- Ecological issues for children, older adults, women, and low-income populations
- Climate-forced Migration
- Natural Disaster Response
- Health & The Environment
- Ecotherapy for Mental Health
- Environmental Policy
- Micro and Macro Level Advocacy Strategies

**All readings are free!
No textbook to purchase!**

Course: **SOCW 3310** (Undergraduate) / **SOCW 5310** (Masters)
Environmental Justice & Green Social Work

Modality: Online- Asynchronous (with recorded lectures and optional live sessions)

Instructor: Karen Magruder, LCSW-S
Assistant Professor of Practice
karen.magruder@uta.edu

 UNIVERSITY OF TEXAS ARLINGTON | SCHOOL OF SOCIAL WORK

IMPORTANT DATES

SUMMER 2022

- **July 21** - Last Day to Drop Classes
- **August 10** – Last Day of Classes
- **August 13** – Commencement Ceremonies
- **August 22**– First day of Fall classes
- **September 5** --Labor Day Holiday
- **September 7**– Census Date
- **Oct. 28**-- Last day to drop classes; submit requests to advisor prior to 4:00pm

BSSUT SPOTLIGHT

The Bachelor of Science in Substance Use & Treatment (BSSUT) “The degree will use a multidisciplinary approach to understand the biological, psychological and social aspects of substance misuse,” said Scott Ryan, dean of the School of Social Work. “Its curriculum for assessment and treatment methods for substance misuse are based on evidence-informed and research-supported practices that will enable students and future professionals to understand and treat individuals, families, groups and communities while preparing graduates for careers in this field.”

Continue reading [here](#)

Shermell Osborne
shermell.Osborne@uta.edu

Dr. Allison Tomlinson, PhD, LCSW-S
allison.tomlinson@uta.edu

For more info and FAQ's [Click Here](#)

Degree Progress Worksheet [Click Here](#)



ADVISING

- Need to meet with your advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click [here](#). Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.
- **If your advisor's appointment schedule is full, please consider emailing them for email-advising, or attend their weekly Power Hour.** Please check advising appointments every Monday when new availability opens up for the coming weeks.

BSW Academic Advisors:

- Sabrina Earle – sabrina.earle@uta.edu
- Kyleigh Easter- kyleigh.easter@uta.edu

LICENSING

- If you're in your final semester and want to get started on applying to ASWB to take the LBSW licensing exam, [click here](#) to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found [on the ASWB site](#) and our [SSW licensure page](#).
- **Click [here](#) for a recording of our Social Work Licensing Information Session, held in April 2021.**
- Interested in the LCDC? Scroll to the end of this [Licensure](#) webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.

MSW ADMISSIONS

Did you know that if you pursue your MSW at UTA within 6 years of graduating with your BSW, you can finish your Masters in as fast as 1 year? We accept MSW admissions on a rolling basis. The admissions calendar can be found [here](#). If you have any questions about the process of applying to the MSW, please contact doloresbevins@uta.edu



FIELD PLACEMENTS

General

- **All students, agencies, and Field Instructors should use this URL for InPlace:** <https://inplace.uta.edu/>
- The InPlace fee is \$67 per year or \$130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- [InPlace Training](#) and [Logbook Training](#) can be found here!
- If you are having technical difficulties with InPlace please email sswfield@uta.edu and include a screenshot of the issue.
- [Field forms are available here!](#)
- [Field FAQ](#)
- **Contact [Sharon Martin](#), LMSW, Field Advisor, with any questions!** You can also connect with her during her Field Power Hours every 1st & 3rd Thursday of the month from 3:00-3:30. [Click here to join the meeting](#)

Fall 2022

- The Fall 2022 Field Application is now open.
- Application Deadline is **June 24, 2022**.
- See the Summer 2022 Field Education Calendar for Block and for Split [here](#).
InPlace fee is due on the first day of class

Spring 2023

- The Spring 2023 Field Application is open **October 03, 2022**.
- Application deadline is November 25, 2022
- See the Spring 2023 Field Education Calendar for Block and for Split [here](#).
InPlace fee is due on the first day of class



GET INVOLVED

The School of Social Work Virtual Clinic
Need additional support? The School of Social Work Virtual Clinic offers FREE services. Support groups are offered virtually, weekly to BSW students. Please email SSWVirtualClinic@uta.edu for more information.

The School of Social Work Virtual Clinic

Weekly Virtual Support Schedule

Tuesday	Thursday	Saturday
Parenting After a Pandemic 6pm - 7pm	Caregiving for Others 6pm - 7pm	First Generation and International Students' Success 9:00am - 10:00am
Promoting Healthy Habits 7:15pm - 8:15pm	Women's Virtual Room of Recovery 7:15pm - 8:15pm	Accommodating for Success 10:15am - 11:15am
		Building Better Interpersonal Relationships 11:30am - 12:30pm

Need additional support? The School of Social Work Virtual Clinic offers FREE services. Support groups are offered virtually, weekly to BSW students. Please email SSWVirtualClinic@uta.edu for more information.



STUDENTS FOR GLOBAL CHANGE (SGC)

Interested in making an impact regarding social injustices? Advocate for social issues? Join Students for Global Change (SGC) to start making an impact!

MEETS EVERY 3RD WEDNESDAY PDF EACH MONTH | 5-6 PM | TEAMS VIRTUAL MEETINGS EVERYBODY'S WELCOME!

To participate, please register:
<https://forms.gle/8nHefg53iBIEQa9>

Follow us @SGCUTA- Students for Global Change
Email us at sgc.uta@gmail.com

GRADUATING THIS SUMMER? TAKE THE EXIT SURVEY

LEARN A NEW ADVOCACY SKILL WITH SPEAK & SKILLSHARE!

IT'S FREE!



CLICK HERE TO LEARN MORE

[Click Here for more info](#)

JOIN GERONTOLOGY ORG!



WE ARE CURRENTLY RECRUITING NEW MEMBERS AND LOOKING FOR OFFICERS!

Learn about the exciting world of Gerontology and how to support older adults!

MONTHLY VIRTUAL MEETINGS

For more info please reach out to
Jessica Phillips
jessica.phillips@mav.uta.edu

EVENTS

Connections Tutoring Lab
UTA School of Social Work

NOW OPEN

Schedule a 30 minute session with a writing tutor!

Book your session [HERE!](https://outlook.office365.com/owa/calendar/UTASSIWConnections_ab@mavs.uta.edu/bookings/)

https://outlook.office365.com/owa/calendar/UTASSIWConnections_ab@mavs.uta.edu/bookings/

SSW DEI Event Calendar

Join us in a brave space as we both celebrate cultural heritage months and discuss local social justice issues within our campus and surrounding communities.

May 20

Topic:
Asian American and Pacific Islander Heritage Month
with
Student Government Impeachments

June 16

Topic:
Pride Month & Immigrant Heritage Month
with
Parent Fights in Education Bill & Immigrant status and Higher Ed.

July 15

Topic:
Roe V Wade

August 25

Topic:
Diversity Awareness Month
with
the anti-Critical Race Theory push

SSW Community of Caring

Join us in a brave space for the UTA School of Social Work community (students, staff, faculty) to support one another as we face local and global injustices. This month focuses on Roe V. Wade.

📅 Friday, July 15 at 10:00am to 11:00am
🖥️ Virtual Event



ACADEMIC OPPORTUNITIES

IPE Distinction Certificate

Interprofessional education (IPE) is "when students from two or more professions learn about, from and with each other" (WHO, 2010).

Have you participated in IPE activities while attending UTA?

Want to be recognized for your hard work?

Apply for an **IPE Distinction Certificate!**

REQUIREMENTS:

- MUST HAVE COMPLETED AT LEAST TWO IPE ACTIVITIES WHILE ATTENDING UTA
- MUST BE ABLE TO DISCUSS THE IPE ACTIVITIES IN WHICH YOU PARTICIPATED
- SUBMIT A COPY OF YOUR RESUME THAT INCLUDES THE IPE ACTIVITIES
- SUBMIT AN EXAMPLE COVER LETTER EXPLAINING HOW IPE HAS HELPED YOU TO PREPARE FOR A JOB

To fill out an application [CLICK HERE!](#)

APPLICATIONS ARE DUE: July 15, 2022

Questions?
Contact: Professor Tracy Orwig
tracy.orwig@uta.edu



Introducing the 1st Annual SOCIAL WORK AND LAW National Symposium

Strengthening Pathways and Partnerships to Advance Empowerment, Justice, and Change

ONE DAY VIRTUAL EVENT
FRIDAY | SEPTEMBER 30, 2022

CALL FOR PROPOSALS

The 1st Annual Social Work and Law National Symposium exists to harness energy, passion, and wisdom to advance the field of forensic social work and the capacity of forensic social work practitioners. This is a future forward event bringing together educators, researchers, community practitioners, justice-oriented leaders, and students for synergistic learning collaborations.

We seek dynamic presenters to lead engaging workshops and interactive discussions focused on advancing knowledge, skills, and abilities around forensic social work practice including the intersection of social work and law as related to this year's theme, "Strengthening Pathways and Partnerships to Advance Empowerment, Justice, and Change."

DEADLINE FOR RECEIPT OF PROPOSAL IS JUNE 15, 2022
See attached for submission instructions.

FOR INQUIRIES AND PROPOSAL SUBMISSION:
SWLSymposium@gmail.com

CALL FOR EXHIBITORS

Exhibition for the *Social Work and Law Symposium* is a virtual platform to provide information about an advocacy campaign, inspirational idea, cutting-edge research, services as well as personal and professional stories pertinent to the national audience. Prospective exhibitors will be solely responsible for the facilitation of their session and maintaining event connections.

Exhibit types include visual displays in the form of posters, banners, pamphlets, storied images, flyers, expressive arts (e.g., drawings, paintings, poetry, etc.), books, and other types of information. Exhibits should be accompanied by a clear statement of purpose. Exhibitor should be prepared to respond to attendee questions during their 10-minute session.

Prospective exhibitors must submit proposals that are consistent with the virtual orientation of the symposium and this year's theme, *Strengthening Pathways and Partnerships to Advance Empowerment, Justice, and Change*.

SUBMISSION

General Guidelines: Proposals are to include the following information for consideration. Student submissions are encouraged.

- Title of session
- Name, title, affiliation, and contact for each presenter (include phone number of lead presenter)
- Session type
- Learning area and learning objectives
- Describe interdisciplinary, cross-professional or student collaboration (if applicable), DEI emphasis, and relevance of the topic (50 words)
- Description of the topic (200-300 words)
- Summary of interactive elements and technical requirements (150-200 words)
- Biographical statement for each presenter

Proposals should be saved as PDF files and submitted to [Symposium Review Committee by email \(SWLSymposium@gmail.com\) no later than June 15, 2022](mailto:Symposium Review Committee by email (SWLSymposium@gmail.com) no later than June 15, 2022). Notifications about participation will be delivered by July 1, 2022. Registration will be available by July 15, 2022. All accepted presenters must register to confirm virtual attendance no later than August 1, 2022.

COSTS: Regular \$45 before August 1, Regular \$55 after August 1. Student registration is Free. CEUs included. Certificates available at a cost of \$5 per certificate upon request.

VOLUNTEER OPPORTUNITIES



USLs Needed!
UTA School of Social Work

Attention BSW students! The School of Social Work is recruiting Undergraduate Student Leaders (USLs).

Application opens in April, for the Summer 2022 semester!



Are you interested in applying? If so, contact Ashley Schmidt or Esther Rocha.

ashley.schmidt@mavs.uta.edu
esther.rocha@mavs.uta.edu



BECOME A CONFERENCE VOLUNTEER

Internationally recognized, the Crimes Against Children Conference is the premier conference of its kind providing practical and interactive instruction to those fighting crimes against children and helping children heal. At the last in-person event in 2019, we hosted 5,100 attendees from all over the world.

VOLUNTEER RESPONSIBILITIES AND EXPECTATIONS*

- Must attend Volunteer Training.
- On-site responsibilities: Attendee registration, VIP Registration, traffic control, room monitor and other duties as assigned.
- Please ensure availability for one FULL DAY listed below.

VOLUNTEER TIME COMMITMENTS

Date	Activity	Time
Thursday, August 4th	Volunteer Training	6:00 pm - 8:30 pm
Saturday, August 6th	Conference Setup	12:00 pm - 4:00 pm
Sunday, August 7th	VIP Registration	10:00 am - 6:30 pm
Sunday, August 7th	Attendee Registration	1:00 pm - 9:30 pm
Monday, August 8th	Conference Day 1	6:30 am - 5:00 pm
Tuesday - Wednesday, August 9-10th	Conference Day 2 & 3	7:00 am - 5:00 pm

*Please note:
1. This can be a high impact and physically demanding volunteer opportunity and can include moving/lifting boxes and walking/standing for long periods of time.
2. Criminal defense attorneys are not eligible for this placement.
3. Some of the workshop content is graphic in nature. You are not required to sit in on workshops.

Commitment deadline: June 10, 2022
No dropouts after July 8, 2022
For more information, contact Bria Manning at bmanning@dcac.org

www.cacconference.org

[@CACConference](#) [@CACConference](#) [@CACConference](#) [@CACConference](#)

PERMISSION TO CHECK RECORDS

DALLAS CHILDREN'S ADVOCACY CENTER BOARD MEMBERS, STAFF AND VOLUNTEERS

Purpose: The purpose of this form is to grant representatives of authorized Volunteer Organizations permission to request, on the behalf of potential and current volunteers, employees, and board members:

- Criminal history check from the Texas Department of Public Safety (DPS) and
- Check from the Texas Department of Family and Protective Services (DFPS) Central Registry of Child Abuse and Neglect.

The authorized volunteer organizations include: Big Brothers and Sisters of America, Child Advocacy Centers of Texas, Make-A-Wish Foundation of America and I Have a Dream/Houston. This form is completed by the subject of the background check or a designee.

Directions: The subject of the background check or designee reads and completes Sections 1-3, and submits this form to a Dallas Children's Advocacy Center Designee.

- Board Member and Staff Designee: Julie Smith, julie@dcac.org
- Volunteer Designee: Bria Manning, bmanning@dcac.org

A Note to Designees: The designee is responsible for ensuring the information provided by the subject in Section 1 is complete and accurate. The information must be verified by viewing official documents provided by the subject of the check, such as a driver's license or social security card.

SECTION 1: SUBJECT OF THE BACKGROUND CHECK

Please print. The information in this section must be provided by the subject of the background check before the check is conducted. Missing information may result in delays.

First Name	Middle Name	Last Name	Maiden Name
Alternate First Name	Alternate Middle Name	Alternate Last Name	
Birthdate	Sex	Race	Ethnicity <input type="checkbox"/> Hispanic <input type="checkbox"/> Other
Social Security #	Phone Number	TX Driver's License #	
Email Address	Country		
Place of Birth			

CURRENT ADDRESS

Street	City/State	ZIP
--------	------------	-----

PREVIOUS ADDRESS

Street	City/State	ZIP
--------	------------	-----

OFFICE USE ONLY

VerPTE: Approved Not Approved Initials _____ Date _____

DFPS: Approved Not Approved Initials _____ Date _____

Quest: Approved Not Approved Initials _____ Date _____



RESEARCH

[Social Work Course Guides](#)

[Student Research Opportunity Center](#)

UNIVERSITY OF TEXAS ARLINGTON | SCHOOL OF SOCIAL WORK

TITLE IV-E STIPEND FOR BSW/MSW STUDENTS

FOR STUDENTS WHO ARE INTERESTED IN:

- CHALLENGING AND REWARDING WORK**
Students will be working with children, parents and families impacted by child abuse and neglect, and who are in foster and adoptive placement.
- FINANCIAL AID**
Stipend amount offered through Title IV-E Child Welfare Programs are:
BSW Students: \$
MSW Students: \$
- INTENSIVE TRAINING AND SOCIAL WORK EXPERIENCE**
No other field and work setting offers such wide range of opportunities to learn, network, and grow.
- POST GRADUATION OPPORTUNITIES**
Students sign a contract with the Department of Family and Protective Services (DFPS) to complete a minimum of 8 months of employment with full salary and benefits.

HOW TO APPLY

- GET IN TOUCH**
Start the process by contacting Stipend Coordinator Kimberly Evans at kimberly.evans@uta.edu or an appointment to discuss the application process and obtain an application form.
- STIPEND APPLICATION & WRITING SAMPLE**
Complete the stipend application and writing sample online, and return to kimberly.evans@uta.edu by stipend deadline.
- LETTER OF RECOMMENDATION**
Submit letter of recommendation from a UTA professor to kimberly.evans@uta.edu by stipend deadline.
- PRELIMINARY INTERVIEW**
Participate in a preliminary interview with UTA Title IV-E Stipend Program Coordinators.
- FINAL INTERVIEW AND SELECTION**
Eligible candidates will be invited to a final interview with Child Protective Services staff.

CONTACT US:
KIMBERLY EVANS, LCSW
TITLE IV-E COORDINATOR
[KIMBERLY.EVANS@UTA.EDU](mailto:kimberly.evans@uta.edu)

VISIT US ONLINE:
UTA.EDU/SSW

The Child Welfare Stipend is provided through the Title IV-E Training Contract, a federally funded initiative to enhance child welfare practice by infusing the work force with more BSW and MSW educated practitioners



STAY SAFE



Covid-19 Vaccine

Contact covidvaccine@uta.edu with any questions. If the dates and times of these clinics don't work for you, the COVID-19 vaccine is free and widely available in Arlington and surrounding communities. To find a vaccine or booster near you, enter your zip code into the [CDC's COVID-19 vaccine finder](#).

[Click Here for more information.](#)



[Required COVID-19 testing and new protective measures for Spring 2022 \(English and Español\) \(uta.edu\)](#)

Classroom density, updated info from university on testing and return to campus

KNOW YOUR STATUS

No cost & confidential HIV testing
CALL OR TEXT TO SETUP AN APPOINTMENT!

PHONE: 817-278-6865
EMAIL: TYLERB@HIMH.UTC.ORG

[Dean Ryan's Statement on COVID-19 Health Disparities](#)



Are you a student in recovery from substance use? If so, you may be eligible to offer feedback on a new VR based tool for substance use treatment. [Click here](#) for more information.

Research Study on the Impact of COVID-19 on Latina Dreamers

- Are you a female DACA participant (Dreamer)?
- Are you currently enrolled in a 4-year college or university in Texas?
- Are you interested in discussing how COVID-19 has impacted different areas of your life?

If you answered "yes" to these questions, then you may be eligible to participate in a confidential research study exploring the experiences of Latina Dreamers during COVID-19.

If you are interested, please go to the link below or scan the QR code to complete the online screening.

https://ahsocialwork.com/online.com/for/form/5V_N2qC50sh5VY3m



If you are eligible you will be contacted within 48 hours by a member of the study team about scheduling an interview that will be conducted by Zoom. Your total time of participation will be about 90 minutes and you will receive a \$50 Amazon gift card for your time. Please feel free to share this link with friends/colleagues who may be interested in participating. Funding for this study was provided by the University of Texas at Arlington Center for Mexican American Studies (CMAS) Faculty Fellowship Program.

If you have any questions about this study, please contact the PI of our research team, Dr. Michi Washburn at Michi.Washburn@uta.edu or at 817-998-4405. This project has been approved by the UTA Internal Review Board (IRB). For questions about your rights or to report a complaint, contact the UTA Research Office at 817-272-3733 or research@research.uta.edu



FALL 2022

SOCW 5392
ONLINE-ASYNCHRONOUS
SOCIAL WORK AND LAW
SPECIAL TOPICS COURSE

Designed to provide essential forensic knowledge and skills to advance social worker influence within legal environments.

Students will learn how to:

- Discover when problems are legal and require legal action
- Respond to Subpoena
- Analyze Case Law
- Participate in Judicial Proceedings
- Perform as a witness in court
- And more

OPPORTUNITIES TO LEARN FROM PRACTICING PROFESSIONALS

INSTRUCTOR
Dr. Sherece Shavel, Assistant Professor of Practice

EMAIL FOR MORE INFORMATION
sherece.shavel@uta.edu

As a phoenix rises from the ashes...

If you are military-connected, 18 or older, and have transformed your trauma into a personal growth experience contributing to the growth and/or transformation of others, you may be eligible to participate in a research study!

Posttraumatic Growth and Transformation in Military-Connected Populations

The purpose of this research study is to better understand the factors, elements and turning points that contribute to a military loss or trauma becoming a personal posttraumatic growth experience that results in a transformation outcome of helping others. In other words, a transformation outcome creates a ripple effect of paying it forward in service to one's community and helping others in the process. An additional purpose of the study is to educate others to the power of posttraumatic growth and transformation outcomes through identifying factors that foster hope, growth, resilience, and purpose.

Location for follow-up interviews:

- Video interviews via MS Teams meeting

You can choose to participate if you:

- are over 18 years old.
- are a member of a military-connected population (i.e., Service Member, Reservist, National Guard, Veteran, family member, or friend).
- have directly or indirectly experienced a loss or trauma that is military related.
- have transformed your trauma into a personal growth experience contributing to the growth and/or transformation of others.
- Have at least 2 years from last traumatic experience.

To Access Our Survey
Click or Scan QR Code Below



Time Commitment Required

- 10 - 15 minutes for online anonymous survey
- Participants will be entered into a drawing to win up to \$100 Amazon gift cards
- 45 - 90 minutes for follow-up interview if chosen
- Participants who receive a \$25 Amazon gift card

Are you unsure if you meet the requirements?

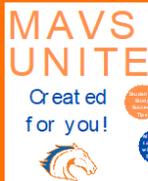
Please call or email a member of the study team:
Sherece Ann Washburn (MSW, PMP, MSW Student)
Co-Principal Investigator
PTG_T@uta.edu
817-272-3881



For more information
[CLICK HERE TO ACCESS OUR WEBSITE](#)
The University of Texas at Arlington, School of Social Work

UTA Academic Calendar

Evidence-Based Practice Research Guide



Check Canvas for the MavsUnite Page!
To add please e-mail:
[Emily Clark](mailto:Emily.Clark@uta.edu)

SAR Center

(Formerly Office of Students with Disabilities)

MANAGING STRESS AND ANXIETY DURING COVID-19

UTA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

THERAPIST ASSISTED ONLINE (TAO)

Visit TAOconnect.org



THRIVE APP



Download "Thrive at UT" on App Store or Google Play

MAVS TALK 24HR CRISIS LINE

Call (817)272-8255



Visit uta.edu/caps for more information

UTA is a COMMUNITY THAT CARES



Connections Tutoring Lab
UTA School of Social Work

NOW OPEN

Schedule a 30 minute session with a writing tutor!

Book your session [HERE!](https://outlook.office365.com/calendar/UTA%20ConnectionsLab@mavs.uta.edu/book/)



In Crisis?
Text HELLO to 741741

CRISIS TEXT LINE | Free, 24/7, Confidential

Our Services

- Peer-Led Team Learning (PLTL)**
- Supplemental Instruction (SI)**
- Tutoring**
- TRIO Student Support Services**
- Academic Coaching**

Information for Students

THE UNIVERSITY OF TEXAS AT ARLINGTON
COUNSELING & PSYCHOLOGICAL SERVICES

MAVS talk

24 HOUR CRISIS LINE

817-272-TALK (8255)
WWW.UTA.EDU/CAPS
303 RANSOM HALL

UTA Library Accessibility

On-Demand & Live Fitness Classes

Rental Assistance Program

The [Tarrant County Rental Assistance Program](https://www.tarrantcounty.com/en/land-use-development/rental-assistance-program) assists residents who have been impacted by the COVID-19 pandemic. For more details, email renthelp@tarrantcounty.com or call [817-850-7940](tel:817-850-7940).

The Lifeline is **FREE**, confidential, and always available.

HELP a loved one, a friend, or yourself.

Community crisis centers answer Lifeline calls.

NATIONAL SUICIDE PREVENTION LIFELINE
1-800-273-TALK (8255)
suicidpreventionlifeline.org

Learn the Warning Signs.

Emergency Assistance Fund
UTA students with a temporary financial hardship resulting from a sudden emergency [may apply for financial help.](#)

Get Microsoft 365, The Wall Street Journal and Other Apps **FREE** with your student email!

How to gain access to SSW writing resources: [Advising & Student Success Canvas](#)

UTA/Tri-C Food Pantry Distributions
Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to utafoodpantry@gmail.com to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Tuesday Darling: tbd2290@mavs.uta.edu

