



BACHELOR OF SOCIAL WORK BACHELOR OF SCIENCE IN SUBSTANCE USE TREATMENT



WEEKLY UPDATE April 4, 2022

SOCIAL JUSTICE SPOTLIGHT

Sexual Assault Awareness Month and SAAM Day of Action

During the month of April, we bring a voice to those victimized by sexual abuse and violence. During this month, the mission is to educate prevention and bring awareness to sexual violence around the world. During this month, you can wear teal to honor survivors.

April 5th (the first Tuesday of April) is the SAAM Day of Action. On this day, we start the month off with public and organized actions.

Statistics about sexual assault in the US

- Every 98 seconds, and American is sexually assaulted.
• Nearly 1 in 5 women in the United States have experienced rape (or attempted rape) at one point in their lives.
• 1 in 67 men in the United States have experienced rape (or attempted rape) at one point in their lives.
• Only 5 out of every 1,000 perpetrators will end up in prison (which is why it is important to speak out if this happens to you).
• The majority of sexual assaults happen at or near the victim's home, often by someone they know and/or trust.
• Health care is 16% higher for women who were sexually abused as children.
• Rape is the most under-reported crime; 63% of sexual assaults are not reported.

Source: https://www.nsvrc.org/saam/day-of-action



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## COURSE SPOTLIGHT

## IMPORTANT DATES

### SPRING 2022

- **April 1<sup>st</sup>** – Last **April 4<sup>th</sup>** – Registration Begins for Summer and Fall
- **April 9<sup>th</sup>** – The Big Event
- **April 26<sup>th</sup>** – Last day to drop from 2nd-8 week sessions
- **May 3<sup>rd</sup>** – Last day of classes
- **May 12 – 14<sup>th</sup>** – Commencement Ceremonies

How do pollution & climate change impact vulnerable communities?  
What can social workers do about it?

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### Environmental Justice & Green Social Work

Fall 2022

**Topics include:**

- Environmental Racism
- Ecological issues for children, older adults, women, and low-income populations
- Climate-forced Migration
- Natural Disaster Response
- Health & The Environment
- Ecotherapy for Mental Health
- Environmental Policy
- Micro and Macro Level Advocacy Strategies

All readings are free!  
No textbook to purchase!

**Course:** **SOCW 3310** (Undergraduate) / **SOCW 5310** (Masters)  
Environmental Justice & Green Social Work

**Modality:** Online- Asynchronous (with recorded lectures and optional live sessions)

**Instructor:** Karen Magruder, LCSW-S  
Assistant Professor of Practice  
karen.magruder@uta.edu





## BSSUT SPOTLIGHT

The Bachelor of Science in Substance Use & Treatment (BSSUT) “The degree will use a multidisciplinary approach to understand the biological, psychological and social aspects of substance misuse,” said Scott Ryan, dean of the School of Social Work. “Its curriculum for assessment and treatment methods for substance misuse are based on evidence-informed and research-supported practices that will enable students and future professionals to understand and treat individuals, families, groups and communities while preparing graduates for careers in this field.”

Continue reading [here](#)

David Waters  
[david.waters@uta.edu](mailto:david.waters@uta.edu)

Dr. Allison Tomlinson, PhD, LCSW-S  
[allison.tomlinson@uta.edu](mailto:allison.tomlinson@uta.edu)

For more info and FAQ's [Click Here](#)

Degree Progress Worksheet [Click Here](#)

The Big Event is UTA’s biggest day of community service! On April 9<sup>th</sup>, 2022, The Big Event is hosting forty community service projects across the Dallas-Fort Worth Metroplex. Service projects with run from 9am - 1pm. Afterwards, all volunteers are welcome to attend the Thank You Celebration in the West Mall from 1pm-3pm where there will be complimentary lunch, entertainment, and activities!

Volunteer registration can be found here: <https://signup.com/go/gVJRAxt>.

If you need any accommodations in order to participate in The Big Event, please contact us at [thebigevent@uta.edu](mailto:thebigevent@uta.edu) or at 817-272-2963.



## ADVISING

- Need to meet with your advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click [here](#). Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.
- **If your advisor's appointment schedule is full, please consider emailing them for email-advising, or attend their weekly Power Hour.** Please check advising appointments every Monday when new availability opens up for the coming weeks.

### BSW Academic Advisors:

- Valerie Adame – [adamev@uta.edu](mailto:adamev@uta.edu)
- Sabrina Earle – [sabrina.earle@uta.edu](mailto:sabrina.earle@uta.edu)



## FIELD PLACEMENTS

### General

- **All students, agencies, and Field Instructors should use this URL for InPlace:** <https://inplace.uta.edu/>
- The InPlace fee is \$67 per year or \$130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- [InPlace Training](#) and [Logbook Training](#) can be found here!
- If you are having technical difficulties with InPlace please email [sswfield@uta.edu](mailto:sswfield@uta.edu) and include a screenshot of the issue.
- [Field forms are available here!](#)
- [Field FAQ](#)
- **Contact [Sharon Martin](#), LMSW, Field Advisor, with any questions!** You can also connect with her during her Field Power Hours every 1st & 3rd Thursday of the month from 3:00-3:30. [Click here to join the meeting](#)

## LICENSING

- If you're in your final semester and want to get started on applying to ASWB to take the LBSW licensing exam, [click here](#) to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found [on the ASWB site](#) and our [SSW licensure page](#).
- **Click [here](#) for a recording of our Social Work Licensing Information Session, held in April 2021.**
- Interested in the LCDC? Scroll to the end of this [Licensure](#) webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.

### Spring 2022

- The Spring 2022 Field Application is now closed.
- Read the Summer 2021 – Spring 2022 Field Accommodations [here](#).
- **All students have been placed.** Students should contact their [field advisor](#) if they are still awaiting placement.
- See the Spring 2022 Field Education Calendar [here](#). **InPlace fee is due on the first day of class**

## MSW ADMISSIONS

Did you know that if you pursue your MSW at UTA within 6 years of graduating with your BSW, you can finish your Masters in as fast as 1 year? We accept MSW admissions on a rolling basis. The admissions calendar can be found [here](#). If you have any questions about the process of applying to the MSW, please contact [leslie.reyna@uta.edu](mailto:leslie.reyna@uta.edu)



# GET INVOLVED

## The School of Social Work Virtual Clinic

Need additional support? The School of Social Work Virtual Clinic offers FREE services. Support groups are offered virtually, weekly to BSW students. Please email [SSWVirtualClinic@uta.edu](mailto:SSWVirtualClinic@uta.edu) for more information.

### Weekly Virtual Support Group Schedule

Tuesday	Thursday	Saturday
Parenting During a Pandemic 6pm – 7pm	COVID and Caregiver 6pm – 7pm	First Generation and International Students' Success 9:00am – 10:00am
Promoting Healthy Habits 7:15pm – 8:15pm	Women's Virtual Room of Recovery 7:15pm – 8:15pm	Accommodating for Success 10:15am – 11:15am
		Building Better Interpersonal Relationships 11:30am – 12:30pm
<b>TBD</b>		
Military Women Empowerment Group		
Men's Virtual Room of Recovery		
Active Duty, Deployed Guard and Reserve Group		

## STUDENTS FOR GLOBAL CHANGE (SGC)

Interested in making an impact regarding social injustices? Advocate for social issues? Join Students for Global Change (SGC) to start making an impact!

**MEETS EVERY 3RD WEDNESDAY OF EACH MONTH | 5-6 PM | TEAMS VIRTUAL MEETINGS EVERYBODY'S WELCOME!**

To participate, please register:  
<https://forms.gle/8nHefgf53iB1EXq>

Follow us @SGCUTA- Students for Global Change  
Email us at [sgc.uta@gmail.com](mailto:sgc.uta@gmail.com)

## INTERESTED IN MACRO SOCIAL WORK?

**STUDENT ASSOCIATION FOR MACRO SOCIAL WORK**  
JOIN SANSW FOR OUR PEER SUPPORT MEETINGS ON THE FIRST MONDAY OF THE MONTH!  
[CLICK HERE](#) OR SCAN THE QR CODE TO JOIN.

**FEBRUARY 7 | MARCH 7 | APRIL 4**  
5:30 - 6:30 PM  
MICROSOFT TEAMS

## Make it happen!

Be a part of our special team of Encompass Hospice Volunteers. We care for our patients in the place they call home – a private residence, skilled nursing facility, or assisted living facility. Just a few hours a week can make a lasting impact on the lives of others.

**Volunteer Opportunity:**  
Direct Patient Care - Sitting with patients, reading, working puzzles, watching tv/movies and sharing life stories. Your time may also include Caregiver Respite where you will visit with the patient while the caregiver runs errands, takes time for themselves, or goes to appointments.

**REQUIREMENTS:**  
Reliable Transportation  
Must be at least 17 years old  
Orientation with Volunteer Coordinator  
Volunteer a minimum of 2 hours per week  
Covid Vaccine  
Background Check, Drug Test, TB skin Test  
(All provided at no charge to you)

"Volunteers comfort with their presence. One does not need to know all the right words to say but the ability to just be present."  
-MIA PAVAN

If you are interested in this wonderful volunteer opportunity, please email Susan Tomlin at [susan.tomlin@encompasshealth.com](mailto:susan.tomlin@encompasshealth.com)

## MAVERICK PANTRY

Please help stock up the new Maverick Pantry! Donating any of the items below would be greatly appreciated.

- Pasta
- Pasta sauce
- Peanut butter & jelly
- Rice
- Beans
- Instant oatmeal
- Granola bars
- Dried fruit
- Canned vegetables
- Canned fruits
- Canned proteins
- Shelf stable milk
- Feminine / period products
- Toiletries

Drop off donations to the Dean of Students Office, Lower Level of the UC, B150.

To schedule donation drop off by vehicle, email [EAF@uta.edu](mailto:EAF@uta.edu). We will gladly meet you in front of the UC to receive donations from your car.

UNIVERSITY OF TEXAS AT ARLINGTON DIVISION OF STUDENT AFFAIRS #CommunityThatCares

UT ARLINGTON - ACADEMIC SUCCESS CENTER

## Hiring Peer Educators

### TRIO Student Support Services

Tutor SSS students one-on-one and in small groups to provide course support and improve study skills

Start date flexible Summer or Fall!

-GPA of 3.0 or higher  
-A or B in courses to be tutored

Apply on Handshake Job #6151917  
UTA Student Assistant  
TRIO SSS Peer Educator (Tutor)

Hiring in ALL subject areas!

## Mentorship Opportunity

Arlington ISD is looking to set up some of their students with mentors. Help support our community schools!

If interesting, please reach out to Stephanie Tucker at [stephanie.tucker@mavs.uta.edu](mailto:stephanie.tucker@mavs.uta.edu)

get your team INVOLVED

WE HAVE A **PLAN** FOR YOUR CALENDAR

**BRING A GROUP**  
UPCOMING EVENTS:  
- Fall Carnival: October 30, 2021  
- Thanksgiving Grocery Giveaway: November 20, 2021  
- Christmas Giveaway: December 18, 2021  
- Spring Carnival: March 12, 2022  
- Easter Basket Giveaway: April 16, 2022  
Which event can you see yourself at?

**HOST A DRIVE**  
WE HAVE A NEED FOR:  
- Candy  
- Groceries  
- Coats  
- Christmas Toys  
- Small Toys and Trinkets  
- Easter Eggs and Candy  
- Easter Baskets  
This covers all the materials needed for the rest of our events! Which need can you fill?

**JOIN A CAMP**  
SUMMER AND SPRING BREAK:  
- Spring Break Camp: March 13 to March 16, 2022  
- Summer Camp: June and July of 2022  
Join camp for a day or a week, which works best for you? Either way, book your dates today, they fill up quick!

## LEARN A NEW ADVOCACY SKILL WITH SPEAK & SKILLSHARE!

IT'S FREE!

RSUASIVE WRITING | TIME MANAGEMENT | ARTIVISM | ADVOCACY

**CLICK HERE TO LEARN MORE**

[Click Here for more info](#)



# EVENTS

## Lavender Graduation

April 19th - 6:00PM - Rio Grande



It's time to celebrate the UTA Graduates in Spring 2022 who identify as LGBTQ+! This is a celebration that family, friends, and supporters can come to recognize the students that have succeeded and overcome any barriers that have come their way.

Students can fill out this form to RSVP for the event: <https://forms.office.com/r/5Vb8Gcmqc>



If you need accommodations to participate, please contact the LGBTQ+ Program at 817-727-3947 or LGBTQA@uta.edu at least five days prior to the event date.

APRIL 8, 2022  
10:00 - 12:00

SCHOOL OF SOCIAL WORK

# COMMUNITY OF CARING

Join us in a brave space for the UTA SSW community (students, staff, faculty) to support one another as we face local and global injustices. This month focuses on the challenges of the pandemic!

OPEN TO ALL IN THE SSW!

RSVP HERE BY 4/7  
(required)  
<https://bit.ly/36jyuKg>



## Statewide Adult Protective Services In Home Worker Virtual Career Fair

### Same Day Interviews

April 14th, 2022

For more information on how to RSVP, visit: [www.dfps.state.tx.us/jobs/job\\_fairs.asp](http://www.dfps.state.tx.us/jobs/job_fairs.asp)



#### Who we are

- We are passionate
- We are flexible
- We are driven
- We have a strong work ethic
- We love the work we do

#### What we do

- Protect the elderly and adults with disabilities who are unable to protect themselves
- Work closely with community partners
- Promote safety and well-being of our clients

#### WHAT WE OFFER

- 100% employer-paid healthcare
- Health and wellness programs
- Retirement planning
- Tuition reimbursement
- Promotional opportunities
- Holiday / annual / sick leave
- Paid classroom and field training

### Join Our Team

Working in Your Community to Build and Strengthen Families



Be Essential.  
Make a Difference.



We can change everything together.



## INTERESTED IN ENVIRONMENTAL JUSTICE?

Professor Karen Magruder will be joining the **Social Work Council** virtually to share information pertaining to environmental justice.

Join us, April 6th at 5:00pm thru Microsoft Teams.



[utasocialworkcouncil@gmail.com](mailto:utasocialworkcouncil@gmail.com)

Follow us on:

Twitter, Instagram, & Facebook

## THE FACE OF TRAUMA

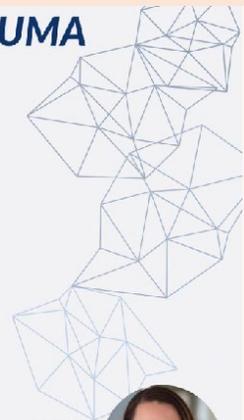
PRESENTED BY THE CHILDREN & FAMILIES COMMITTEE & TITLE IV-E PROGRAM

8 APRIL 2022

9AM-12PM

VIA MICROSOFT TEAMS

Discuss strategies to increase resilience for clients and children who have experienced trauma



NATALIE BAERWALDT, MS, IMH-E



A CERTIFIED SUBSTANCE ABUSE PREVENTION SPECIALIST IN THE STATE OF TEXAS AND HAS TRAINED HUNDREDS OF PROFESSIONALS LOCALLY. NATALIE SPENT A DECADE OF HER PROFESSIONAL CAREER WORKING IN PUBLIC YOUTH SUBSTANCE ABUSE AND MENTAL HEALTH AND "DRUG ENDANGERED CHILDREN AT RISK" RECOVERY CENTER LOCATED IN DALLAS. NATALIE HAS A MASTERS DEGREE IN COUNSELING, DEVELOPMENT AND HIGHER EDUCATION AND HER PASSION IS HELPING PROFESSIONALS UNDERSTAND AND EMPATHIZE WITH CLIENTS IN A WAY THAT CREATES ORGANIC CHANGE.



SCAN

Email Title IV to RSVP

CEU'S

OFFERED



## RESEARCH

[Social Work Course Guides](#)

[Student Research Opportunity Center](#)



Summer Scholarship Applications are now open until April 22<sup>nd</sup>. [Click Here](#)



**UNIVERSITY OF TEXAS ARLINGTON SCHOOL OF SOCIAL WORK**

### TITLE IV-E STIPEND FOR BSW/MSW STUDENTS

**FOR STUDENTS WHO ARE INTERESTED IN:**

- CHALLENGING AND REWARDING WORK**  
Students will be working with children, parents and families impacted by child abuse and neglect, and who are in foster and adoptive placement.
- FINANCIAL AID**  
Stipend amount offered through Title IV-E Child Welfare Programs are:  
BSW Students: \$  
MSW Students: \$
- INTERNSHIP TRAINING AND SOCIAL WORK EXPERIENCE**  
No other field and work setting offers such wide range of opportunities to learn, network, and grow.
- POST GRADUATION OPPORTUNITIES**  
Students sign a contract with the Department of Family and Protective Services (DFPS) to complete a minimum of 6 months of employment with full salary and benefits.

**HOW TO APPLY**

- GET IN TOUCH**  
Start the process by contacting Stipend Coordinator Kimberly Evans at [kimberly.evans@uta.edu](mailto:kimberly.evans@uta.edu) or an appointment to discuss the application process and obtain an application form.
- STIPEND APPLICATION & WRITING SAMPLE**  
Complete the stipend application and writing sample online, and return to [kimberly.evans@uta.edu](mailto:kimberly.evans@uta.edu) by stipend deadline.
- LETTER OF RECOMMENDATION**  
Submit letter of recommendation from a UTA professor to [kimberly.evans@uta.edu](mailto:kimberly.evans@uta.edu) by stipend deadline.
- PRELIMINARY INTERVIEW**  
Participate in a preliminary interview with UTA Title IV-E Stipend Program Coordinators.
- FINAL INTERVIEW AND SELECTION**  
Eligible candidates will be invited to a final interview with Child Protective Services staff.

**CONTACT US:**  
KIMBERLY EVANS, LICSW  
TITLE IV-E COORDINATOR  
[KIMBERLY.EVANS@UTA.EDU](mailto:KIMBERLY.EVANS@UTA.EDU)

**VISIT US ONLINE:**  
[UTA.EDU/SSW](http://UTA.EDU/SSW)

*The Child Welfare Stipend is provided through the Title IV-E Training Contract, a federally funded initiative to enhance child welfare practice by infusing the work force with more BSW and MSW educated practitioners*

**IMPORTANT INFO:**

- GRADUATION TIME IS CRITICAL:**  
Students must have completed all course requirements and be eligible to graduate from their program in the same semester in which they receive the Child Welfare Stipend.
- SELECTION PROCESS IS COMPETITIVE:**  
Stipend applications are processed 1-2 semesters prior to students' final acceptance into the program. Contact [kimberly.evans@uta.edu](mailto:kimberly.evans@uta.edu) for the best time to begin the application process.
- BACKGROUND CHECK IS REQUIRED:**  
A final screening including driving records, criminal background check, online assessment and employment interview is conducted by DFPS.
- APPLICATION DEADLINE:**  
FALL – APRIL 15TH  
SPRING – SEPTEMBER 1ST  
SUMMER – JANUARY 15TH



## STAY SAFE

### COVID-19 Testing



#### REQUIRED COVID-19 TESTING

Regardless of vaccination status, all students and employees coming to campus in any capacity for the spring 2022 semester must provide proof of a [viral COVID-19 test](#) by Feb. 4, 2022. Tests taken before Jan. 3, 2022 will not be accepted. If you have any questions, contact [covidtesting@uta.edu](mailto:covidtesting@uta.edu).

UTA has a number of on-campus testing options that meet the required criteria and are free. Results received from an on-campus testing option will automatically be reported to the University with no further action required on your part. **UTA's COVID-19 testing resources are always available to you should you need or want a test, not only when you are completing a UTA testing requirement.**

Results from off-campus testing sites will be accepted, though you will not be reimbursed for costs. Test results from an off-campus testing site will be uploaded to the COVID-19 Self Report portal in [MyMav](#). If you have trouble finding or using the portal, contact the [OIT Help Desk](#). Remember, if you test positive, please follow the CDC's [isolation protocols](#) and submit the [Personal Diagnosis Form](#).

UTA's COVID-19 testing resources are always available to you should you need or want a test.

### Covid-19 Vaccine

Contact [covidvaccine@uta.edu](mailto:covidvaccine@uta.edu) with any questions. If the dates and times of these clinics don't work for you, the COVID-19 vaccine is free and widely available in Arlington and surrounding communities. To find a vaccine or booster near you, enter your zip code into the [CDC's COVID-19 vaccine finder](#).

[Click Here for more information.](#)

[Required COVID-19 testing and new protective measures for Spring 2022 \(English and Español\) \(uta.edu\)](#)  
Classroom density, updated info from university on testing and return to campus

### KNOW YOUR STATUS

No cost & confidential HIV testing  
CALL OR TEXT TO SETUP AN APPOINTMENT!  
PHONE: 882-478-6965  
EMAIL: [TYLERB@HMRCT.ORG](mailto:TYLERB@HMRCT.ORG)

Dean Ryan's [Statement on COVID-19 Health Disparities](#)




**Connections Tutoring Lab**  
UTA School of Social Work

**NOW OPEN**

Schedule a 30 minute session with a writing tutor!

Book your session [HERE!](#)

<https://outlook.office365.com/owa/calendar:UTASOVSConnectionsLab@mavs.uta.edu/bookings>

#### Research Study on the Impact of COVID-19 on Latina Dreamers

- Are you a female DACA participant (Dreamer)?
- Are you currently enrolled in a 4-year college or university in Texas?
- Are you interested in discussing how COVID-19 has impacted different areas of your life?

If you answered "yes" to these questions, then you may be eligible to participate in a confidential research study exploring the experiences of Latina Dreamers during COVID-19.

If you are interested, please go to the link below or scan the QR code to complete the online screening.  
[https://nhccalworkson.qualtrics.com/jfe/form/SV\\_1NwC0v8h3Y3m](https://nhccalworkson.qualtrics.com/jfe/form/SV_1NwC0v8h3Y3m)



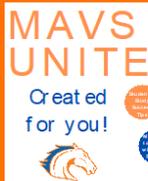
If you are eligible you will be contacted within 48 hours by a member of the study team about scheduling an interview that will be conducted by Zoom. Your total time of participation will be about 60 minutes and you will receive a \$50 Amazon gift card for your time. Please feel free to share this link with friends/colleagues who may be interested in participating. Funding for this study was provided by the University of Texas at Arlington Center for Mexican American Studies (CMAS) Faculty Fellowship Program.

If you have any questions about this study, please contact the PI of our research team, Dr. Miki Washburn at [miki.washburn@uta.edu](mailto:miki.washburn@uta.edu) or at 817-498-4405. This project has been approved by the UTA Internal Review Board (IRB). For questions about your rights or to report a complaint, contact the UTA Research Office at 817-272-3723 or [regulatoryservices@uta.edu](mailto:regulatoryservices@uta.edu).



## UTA Academic Calendar

## Evidence-Based Practice Research Guide



Check Canvas for the MavsUnite Page!  
To add please e-mail:  
[Emily Clark](mailto:Emily.Clark@uta.edu)

## SAR Center

(Formerly Office of Students with Disabilities)

### MANAGING STRESS AND ANXIETY DURING COVID-19

UTA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

#### THERAPIST ASSISTED ONLINE (TAO)

Visit [TAOconnect.org](http://TAOconnect.org)



#### THRIVE APP



Download "Thrive at UT" on App Store or Google Play

#### MAVS TALK 24HR CRISIS LINE

Call (817)272-8255



Visit [uta.edu/caps](http://uta.edu/caps) for more information

UTA is a COMMUNITY THAT CARES



**Connections Tutoring Lab**  
UTA School of Social Work

**NOW OPEN**

Schedule a 30 minute session with a writing tutor!

Book your session [HERE!](https://outlook.office365.com/owa/calendar/UTA%20ConnectionsLab@mavs.uta.edu/book?w)



In Crisis?  
Text HELLO to 741741

CRISIS TEXT LINE | Free, 24/7, Confidential

**Our Services**

- Peer-Led Team Learning (PLTL)**
- Supplemental Instruction (SI)**
- Tutoring**
- TRIO Student Support Services**
- Academic Coaching**

Information for Students

THE UNIVERSITY OF TEXAS AT ARLINGTON  
COUNSELING & PSYCHOLOGICAL SERVICES

**MAVS talk**

24 HOUR CRISIS LINE

817-272-TALK (8255)  
WWW.UTA.EDU/CAPS  
303 RANSOM HALL

UTA Library Accessibility

On-Demand & Live Fitness Classes

**Rental Assistance Program**

The [Tarrant County Rental Assistance Program](https://www.tarrantcounty.com/en/landmarks-and-places/rental-assistance-program) assists residents who have been impacted by the COVID-19 pandemic. For more details, email [renthelp@tarrantcounty.com](mailto:renthelp@tarrantcounty.com) or call [817-850-7940](tel:817-850-7940).

The Lifeline is **FREE**, confidential, and always available.

**HELP** a loved one, a friend, or yourself.

Community crisis centers answer Lifeline calls.

**NATIONAL SUICIDE PREVENTION LIFELINE**  
1-800-273-TALK (8255)  
[suicidpreventionlifeline.org](http://suicidpreventionlifeline.org)

Learn the Warning Signs.

**Emergency Assistance Fund**  
UTA students with a temporary financial hardship resulting from a sudden emergency [may apply for financial help.](#)

Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!

How to gain access to SSW writing resources: [Advising & Student Success Canvas](#)

**UTA/Tri-C Food Pantry Distributions**  
Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to [utafoodpantry@gmail.com](mailto:utafoodpantry@gmail.com) to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Tuesday Darling: [tbd2290@mavs.uta.edu](mailto:tbd2290@mavs.uta.edu)

