



**January 31, 2023**

*When and why did you  
come to love your  
subject area?*



**SOCIAL JUSTICE SPOTLIGHT**

**February 1<sup>st</sup> is National Texas Day!**

**On February 1<sup>st</sup> we celebrate National Texas day!**

On February 1<sup>st</sup>, let us celebrate National Texas day!

This National celebration Focus on celebrating Texas and the history of the Lone Star State. Throughout the state, many lands are still unconquered and are not considered cities due to Texas being the 2<sup>nd</sup> largest land.

On December 29<sup>th</sup>, 1845, Texas became the 28<sup>th</sup> state within the USA. Although people such as Stephen F. Austin wanted Texas to have independence from the growing land, it was decided to pursue to expand the United States westward.

There are many ventures anyone can do within the state of Texas.

For more information, [CLICK HERE!](#)

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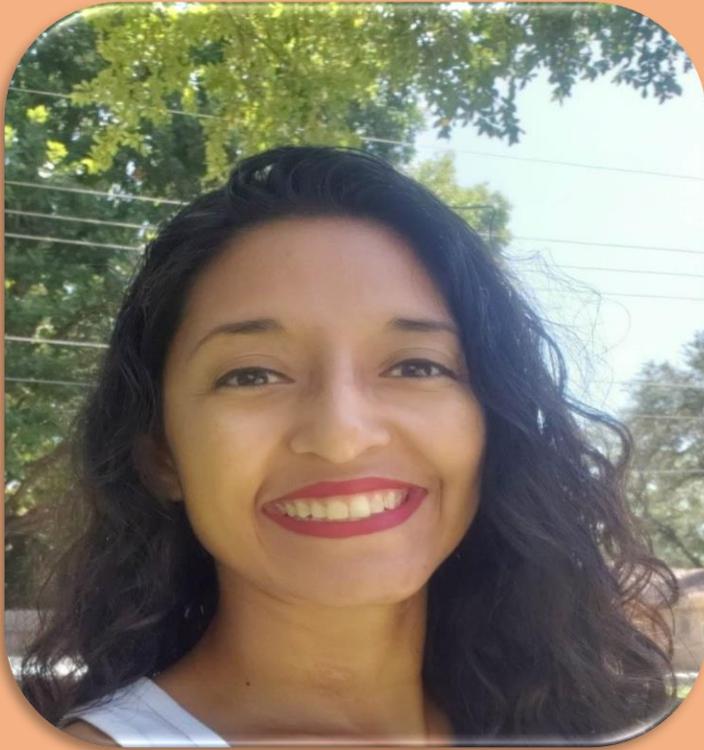
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# Get to know your USL



Pauline Sias

Hello! My name is Pauline Sias. I am a **full-time student, wife and mother of two very energetic boys**. I am in the **BSW program** and plan to **graduate in Summer of 2023**. I have been a **USL for four semesters**. My next chapter will be to **obtain my MSW and become a licensed social worker** so that I will be able to work in a school district with **students and families**. I have always had a passion of helping others, this passion grew when I worked as a **Parent Liaison** at a school that had many needs. Some of these needs were basic school supplies for everyday use to **students and families needing emotional support outside the school setting**. Here is where I found my **calling to become a social worker**. As this journey has led me here to UTA I have also found a love for **helping my fellow students achieve their own academic goals** and I am looking forward to assigning in this journey however I can.



**YOU MATTER**

## **Moving Forward with Motivation**

Last week we spoke about goals for the New Year and the importance of maintaining a positive attitude while attaining them. Well, another important aspect of achieving your goals is motivation!

If you are anything like me, then you know how difficult it can be s to find motivation to begin working on new goals (*I mean, it is almost February and I still have not begun my exercise routine I envisioned for myself*).

So, what do you do to spark personal motivation?

According to Healthdirect.gov, it is important to set specific, achievable goals and develop a reasonable timeline to achieve them. **First** you should break your main goal up into smaller, easier tasks. **Second**, make sure to surround yourself with a positive support system. **Third**, motivate yourself with positive self-talk (in other words, a positive attitude)!

If you find yourself in the same boat as myself and realize you have not begun working towards a specific goal or perhaps you did start but fell off, *do not fret nor treat yourself in a negative manner! It is okay, you can get back on track.!*

You can follow this link **HERE** to read more on tools to stay motivated. Exercising more, picking up a new instrument, or reading a new book, no matter what you choose, *you owe it to yourself to get motivated and work towards the goals you set to become the person you want to be!*

Best Wishes,  
**Jordan Ward**

**MSW Student, Graduate Student Leader,  
The University of Texas at Arlington**

## ADVISING

**OASS New Advising Assignments**  
(Hyphenated names if the - is there then go by the 1st last name. If no - then the 2nd one.) **BSW/BSSUT**

### **A-H: Sabrina Earl-**

**Sabrina.earl@uta.edu** **Schedule Advisor**

**Appointment with Sabrina Earl**

**I-P: Daisy Jones- Daisy.jones@uta.edu**

### **Q-Z: Kyleigh Easter-**

**Kyleigh.easter@uta.edu** **Schedule Advisor**  
**Appointment with Kyleigh**

## LICENSING

- If you're in your final semester and want to get started on applying to ASWB to take the LBSW licensing exam, [click here](#) to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found [on the ASWB site](#) and our [SSW licensure page](#).
- Interested in the LCDC? Scroll to the end of this [Licensure](#) webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.

## MSW ADMISSIONS

Did you know that if you pursue your MSW at UTA within 6 years of graduating with your BSW, you can finish your Masters in as fast as 1 year? We accept MSW admissions on a rolling basis. The admissions calendar can be found [here](#). If you have any questions about the process of applying to the MSW, please contact [kayla.bell.uta.edu](mailto:kayla.bell.uta.edu)

## Important Dates

### Spring 2023

- **Feb. 1<sup>st</sup> – Census Date & Field Applications OPEN**
- **March 13<sup>th</sup>-17<sup>th</sup> Spring Break**
- **March 31<sup>st</sup>- Field Applications CLOSE & Last day to drop classes; submit requests to advisor prior to 4:00pm**
- **April 23<sup>rd</sup>- Registration begins for Summer 2023 & Fall 2023.**
- **May 2<sup>nd</sup>:- Last day of classes**
- **May 12<sup>th</sup>: Grades Due**

## FIELD PLACEMENT Summer 23

- **All students, agencies, and Field Instructors should use this URL for InPlace: <https://inplace.uta.edu/>**
- The InPlace fee is \$67 per year or \$130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- [InPlace Training](#) and [Logbook Training](#) can be found here!
- If you are having technical difficulties with InPlace please email [sswfield@uta.edu](mailto:sswfield@uta.edu) and include a screenshot of the issue.
- [Field forms are available here!](#)
- [Field FAQ](#)
- **Contact [Sharon Martin](#), LMSW, Field Advisor, with any questions!** You can also connect with her during her Field Power Hours every 1st & 3rd Thursday of the month from 3:00-3:30. [Click here to join the meeting](#)
- The Summer 2023 Field Application will be open Feb. 01 – March. 31<sup>st</sup>, 2023. These dates are subject to change. See the full Summer 2023 Field Education Calendar [here](#).

# A New Beginning for all!



## The University of Texas at Arlington's SOCW/NURS Building

**HISTORY HAS BEEN MADE!** The University's newest building is finally open to all faculty, staff, administrators and students! Since Social Work and Nursing have a lot in common with the wellbeing of the clients/patients, both majors are now combined into one building! According to Support UTA, "This building serves as a new center for interdisciplinary learning, encouraging students of both SSW and CONHI to think outside of their skillsets." This 15,000 square foot building is also a mixture of flexibility, state of art, and technology as a whole!

## JOB OPPORTUNITY



### UTA Work Study-BSW Assistant

**Requirements:** FASFA application to be completed, in dire need of financial assistance, and completed 3 credit hours to qualify. Applications are due: **Feb. 3<sup>rd</sup>, 2023**

# The YWCA Support Group



**YWCA Greater Austin is here to support you!**

**Counseling and Referral Center & Care Coordination**

- Mental Health Therapy
- Trauma Resolution
- Parenting Resources
- Mental Health & Professional Development Consultations
- Non-crisis Warmline: Call (512) 548-YWCA (9922)



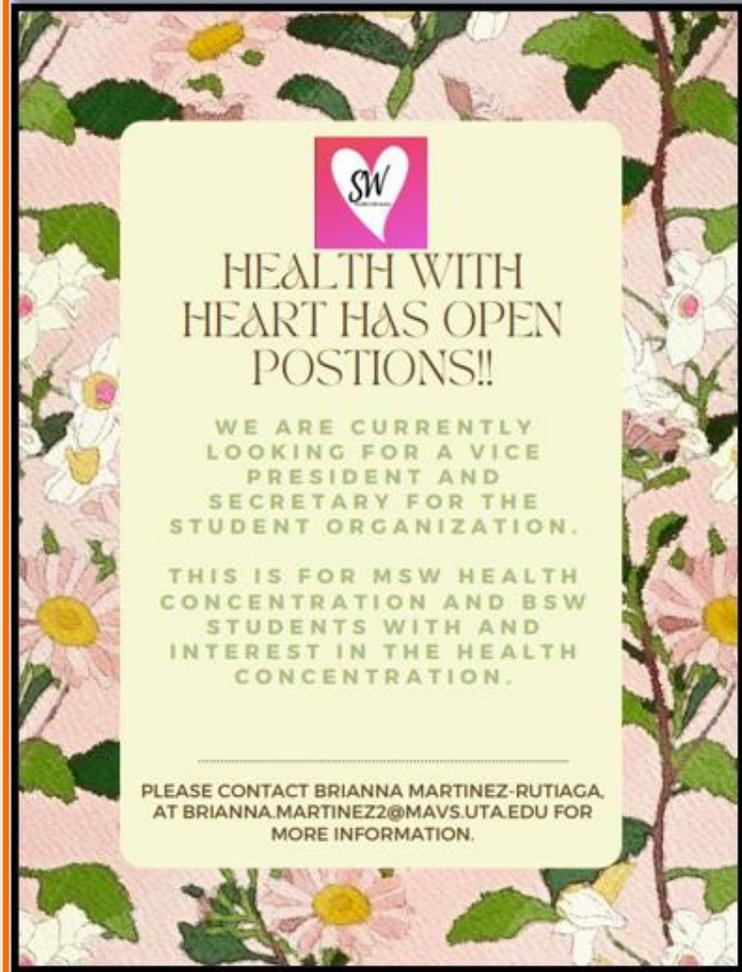
- Case Management
- Psychoeducational Classes
- Life Skills & Personal Empowerment
- Resource Linking
- Application Assistance
- Advocacy

\*All services currently offered through telehealth

(512) 326-1222

[info@ywcaustin.org](mailto:info@ywcaustin.org)

[YWCAaustin.org](http://YWCAaustin.org)



# BSW Degree Plan

Check out the BSW and BSSUT Degree Plan: Your degree plan is one of the best ways to help you stay on track toward your college goals. Your degree plan can help you plan future semesters more efficiently and communicate with your advisor. You can reference the degree plans to check if you have taken your required courses. [CLICK HERE](#)

[HERE](#)

**THE WORLD TALKS ABOUT CHANGE, BUT WE CREATE CHANGE.**

Name:	Course Number - Title	MAV ID:	Credit	Enrolled/Completed
<b>SOCIAL WORK</b>	SOCW1231/UNIV 1131 (for Freshmen) or SOCW 3300 (for Transfer Students)		3	
	<b>SOCIAL WORK PROFESSIONALISM &amp; STUDENT SUCCESS</b>			
<b>INTENDED STUDIES:</b>	SOCW 3305 SOCIAL WORK PRACTICE I		3	
	SOCW 3307 DIVERSE POPULATIONS*		3	
<b>SOCIAL WORK</b>	SOCW 3309 SOCIAL WORK PRACTICE II		3	
<b>MAJOR STUDIES</b>	SOCW 3308 SOCIAL WORK RESEARCH METHODS		3	
	SOCW 3301 THEORIES OF HUMAN BEHAVIOR		3	
	SOCW 3303 SOCIAL WELFARE POLICY AND SERVICES		3	
(Must meet the BSW Major requirements to continue)	SOCW 3306 SOCIAL WORK PRACTICE III: MACRO PRACTICE		3	
	SOCW ELECTIVE <sup>4</sup> :		3	
	SOCW ELECTIVE <sup>4</sup> :		3	
	SOCW ELECTIVE <sup>4</sup> :		3	
<b>SOCIAL WORK</b>	SOCW 4551/4451 SW FIELD INSTRUCTION/ SW FIELD SEMINAR OR		9	
<b>INTERNSHIP</b>	SOCW 4455/4555 SW FIELD SEMINAR BLOCK PART 1/SW FIELD INSTRUCTION BLOCK PART 1			
	SOCW 4552/4452 SW FIELD INSTRUCTION/ SW FIELD SEMINAR OR		9	
	SOCW 4456/4556 SW FIELD SEMINAR BLOCK PART 2/ SW FIELD INSTRUCTION BLOCK PART 2			
	<b>Total SOCW hours</b>		<b>54</b>	
	<b>Total hours for Graduation</b>		<b>120</b>	

<sup>4</sup>SOCW Elective Options (a minimum of 2 SOCW electives must be at the 4000 level):

SOCW 3310 Environmental Justice & Green Social Work  
 SOCW 3312 Disability and Social Work  
 SOCW 3314 The Latina Experience  
 SOCW 3315 Introduction into Substance Use Disorders  
 SOCW 3320 U.S. Immigration & The SOCW American Dream  
 SOCW 4310 Social Work with Children & Families  
 SOCW 4314 Intimate Partner Violence  
 SOCW 4335 Aging in American Society  
 SOCW 4366 Seminar in Women's Issues  
 SOCW 4370 Social Work in Schools  
 SOCW 4371 Inequities and Incarceration  
 SOCW 4350 or 4391: With Permission of the BSW Director, students may complete an Undergraduate Research Project or Independent Study for up to 2 Social Work Electives.

Students are responsible for enrolling in classes in [MyMav](#).

This document is not a guarantee that classes will be offered every semester.

Please meet with your academic advisor prior to registration each semester to stay on track with your degree plan.

Interested in the BSSUT program? Want to minor in SUT? The BSSUT degree plan details the required courses for this degree. If you have additional questions about the Degree: [CLICK HERE](#)

# The Powwow Community



March 11 2023

27th Annual UTA Scholarship Benefit Powwow

# VOLUNTEERS WANTED

Learn about Native American Culture while helping the community



When: March 11  
Where: UTA MAC

If you are interested please email Stephen Silva Brave @sjs9624@mavs.uta.edu

## An Event for All

The chance to volunteer at the Powwow event is a wonderful opportunity for educators, students, and community members to actively engage with and serve the local Native American community. Additionally, it will be a wonderful opportunity to experience a Powwow, one of our most important social-cultural events.

-The UTA National Native American Student Association [CLICK HERE](#) for a chance to volunteer!



# Upcoming Events within UTA



## Study Abroad: Kenya



### PROGRAM OVERVIEW

- Interactive Learning
- Train with 3 experts in the field
- Earn 3 Course Credits
- Taught at UTA and in Kenya
- Meets most UTA degree plans
- Enhance understanding of education in international context

### Eligibility

- Must be a UTA Student
- Must be in good Judicial Standing

### Application Deadline:

March 2023



### Program Date:

Summer 2023

### Highlights

- Visit the Kibera slums; Largest slum in Africa and 3rd largest in the world
- Explore the Thriving Tsavo National Park
- Experience the City of Nairobi

### ESTIMATED COSTS

- Housing & Meals
- Training & Tuition
- Healthcare
- Airfare/Transportation

### Program Leaders

Dr. Eusebius Small esmall@uta.edu  
 Prof. Karla Arenas-Hotta karla.arenas@uta.edu  
 Prof. Tracy Orwig tracy.orwig@uta.edu



START TODAY, APPLY NOW!

## SECURE FINANCIAL AID FOR 2023-2024

JOIN US AT THE UTA FAFSA & TASFA NIGHT

### EVENT DETAILS

THURSDAY, JANUARY 26, 2023  
 4:00 PM TO 6:00 PM  
 UC UPPER LEVEL - SAN SABA/PALO PINTO

\*2023-2024 PRIORITY DEADLINE FOR UTA'S LIMITED INSTITUTIONAL AND STATE GRANT FUNDING IS FEBRUARY 14, 2023

\*ATTEND TO WIN VARIOUS RAFFLE PRIZES INCLUDING A \$500 BOOK SCHOLARSHIP!!

### RSVP HERE



### Sponsoring Partners



## ANDREW MARKS STUDENT ADVOCACY AWARD

NOMINATIONS DUE February 20, 2023

Winners announced on Social Work Advocacy Day, March 3, 2023!



### DESCRIBE

- Problem or Issue
- Population Affected
- Advocacy Action & Your Role
- Outcome of the Advocacy Action



### SUBMIT

bit.ly/AndrewMarksAward\_2023



### PRIZE

\$100 Gift Card for BSW and MSW winners!

## SOCIAL WORK ADVOCACY DAY (SWAD) 2023

Save the date!



March 3, 2023



Texas State Capitol



@naswtx\_advocacy



naswtex.naswtx@socialworkers.org



## Spring 2023 All Majors Job and Internship Fair

When and Where? March 1<sup>st</sup> from 12pm to 4pm in the Mavericks Activities Center

Open to all UTA students and alumni seeking full-time positions, part-time jobs, internships and field placements.

Over 100 employers expected to attend!



# STUDENT SUCCESS COORDINATOR

[UTA Academic Calendar](#)

[Evidence-Based Practice Research Guide](#)



My name is Traecia Nichols, I am the Student Success Coordinator for the School of Social Work. In my role I work with students who are facing crises and need help accessing university and community resources. This section will consist of resources that are available to you as a student. If you are in need of resources or have any questions or concerns, please contact me at [traecia.nichols@uta.edu](mailto:traecia.nichols@uta.edu)

Sincerely,  
Traecia

## AVAILABLE RESOURCES

### RVSP- Relationship Violence and Sexual Assault Prevention

The purpose of RVSP is to empower students who are victims and survivors of relationship and/or sexual violence to seek advocacy and support with assistance through the healing and justice process. The RVSP program is part of Student Affairs' commitment to creating a Community That Cares. RVSP also has a Confidential Advocate. The RVSP Confidential Advocate, Tiffany Bland (she/her/hers), facilitates a victim-centered, social justice, and trauma-informed approach to facilitate support and advocacy services for victims and survivors of sexual and/or relationship violence. When seeking support, the confidential advocate's priority is to ensure the student feels safe, is academically successful, and feels supported.

Contact information  
Website email: <https://www.uta.edu/student-affairs/rvsp>

Phone: 817-272-3947  
Address: Ransom Hall Suite 301 Arlington, TX 76019

### CAPS-

Counseling and Psychological Services CAPS services are available to help students increase their understanding of person issues, address mental and behavioral health problems, and make positive changes in their lives. CAPS provides individual, couples, and group counseling. CAPS Psychiatry provides diagnostic assessment and ongoing treatment for psychiatric conditions, including medication and brief psychotherapy. Currently enrolled UTA undergraduate and graduate students are eligible for services. Please refer to [uta.edu/caps](http://uta.edu/caps) for fee information. Contact Information Ransom Hall Rm 303 Arlington, TX 76019 817-272-3671 Maverick Activities Center Rm 212 Arlington, TX 76019 817-272-3671

### [SAR Center](#)

(Formerly Office of Students with Disabilities)

If you have any questions or content suggestion for the newsletter, please contact Maria Cruz [mx5965@mavs.uta.edu](mailto:mx5965@mavs.uta.edu)



**SCHOOL OF SOCIAL WORK**

211 S. Cooper Street, Arlington TX 76019  
Social Work Program  
(817) 272-3613

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*"We Make A Living By What We Get, But We Make A Life By What We Give."*

- Winston Churchill