

MINJAAL RAVAL

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UTA Link: <https://www.uta.edu/academics/schools-colleges/social-work/stories/minjaal-raval>

EDUCATION

PhD	University of Texas at Arlington, School of Social Work	5/2026
PG Diploma	Psychology (Guidance & Counseling)	
MSW	The Maharaja Sayajirao University of Baroda, Gujarat, India	04/2020
B. Sc	The Maharaja Sayajirao University of Baroda, Gujarat, India Honors: Zoology Minors: Geology, Botany	04/2018

HONORS AND AWARDS

Dissertation Research Enhancement Grant	09/2025
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RESEARCH EXPERIENCE

My research centers on Teen Dating Violence, with a particular focus on educational interventions and the influence of media in shaping experiences of both perpetration and victimization.

School of Social Work, University of Texas at Arlington, Graduate Research Assistant, Dr. Rebecca Mauldin	9/1/22 to 1/15/23
<ul style="list-style-type: none"> Organized a virtual Townhall to propose research allocation algorithm proposal for people with IDD. 	

School of Social Work, University of Texas at Arlington, Graduate Research Assistant, Dr. Xu Ling	1/15/23 to 8/31/23
<ul style="list-style-type: none"> Generational reminiscence Manuscripts Transcription of Transcripts. Weekly participants check-ins. 	

School of Social Work, University of Texas at Arlington, Graduate Research Assistant, Dr. Donna Schuman	6/1/23 to 8/31/23
<ul style="list-style-type: none"> Veteran Suicidality Assessment in Virtual Reality (VET-SAVR) 	

School of Social Work, University of Texas at Arlington, Graduate Research Assistant, Dr. Christina Spadola	9/1/22 to 1/15/24
<ul style="list-style-type: none"> Project Coordinator- Sleep study with Licensed Social Workers in United States. Help with other sleep studies and manuscripts. 	

School of Social Work, University of Texas at Arlington,	9/1/23 to 8/31/25
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Graduate Research Assistant, Dr. Poco Kernsmith

- P3 Policy Project
- Policy collection and Policy Scoring
- Transcription of focus groups and interview Transcripts.

School of Social Work, University of Texas at Arlington,

9/1/25 to Present

Graduate Research Assistant, Dr. Rachel Voth Schrag

- Clinic Coordinator- MAVS Ending Tech Abuse Clinic

RESEARCH FUNDING

I will soon be applying for the research funding.

PUBLICATIONS

Journal Articles

- a) Xu, L., Hagedorn, A., & **Raval, M.** (2023). Learning about Grandparents' Past Life: Reflections of Grandchildren in an Intergenerational Reminiscence Project for Asian American Families. *Behavioral Sciences, 13*(9), 733.
- b) Spadola, C. E., Groton, D., **Raval, M.**, Hilditch, C. J., Littlewood, K., Baiden, P., ... & Zhou, E. S. (2024). A Sleep Health Education Intervention Improves Sleep Knowledge in Social Work Students. *Social Sciences, 13*(7).

PRESENTATIONS AND INVITED LECTURES

- a) Xu, L., & **Raval, M.** (2023). Intergenerational Reminiscence Program in Improving Generation Connections: A RaDar Analysis. Poster presented at the Gerontological Society of America Annual Conference, Tampa, FL.
- b) Spadola, C.E., **Raval, M.**, Zhou, E. S.. (2024, June). Sleep Education and Awareness among Social Workers: A Nationwide Study. Sleep 2024: Annual Meeting of the Associated Professional Sleep Societies. Houston, TX.
- c) Raval, M., Kernsmith, P. (January 2025). Adolescent Dating Violence: An Exploratory Factor Analysis of Perpetration and Victimization Scales Developed for Youth Empowerment Solutions for Healthy Relationships (YesHR). Poster presented at the Society for Social Work and Research Conference, Seattle, Washington.

TEACHING EXPERIENCE

University of Texas at Arlington, Texas

1/15/25 to 5/31/25

Program Statistics Tutor, School of Social Work

- Provided statistical tutoring and guidance to PhD students in the School of Social Work, assisting with data analysis, interpretation, research methodology and statistical softwares (SPSS & Stata).

PROFESSIONAL TRAINING

Good Clinical Practice Training for Social and Behavioral Research Certificate, Society of Behavioral Medicine

1/11/23

Human Subjects Protection (HSP) Training, University of Texas at Arlington,

9/1/22

Responsible Conduct In Research,

University of Texas at Arlington,

Description: Include a brief description, if necessary.

8/31/22

Adani Ports Special Economic Zone Limited, Intern,

Human Resource Department,

5/6/19 to 6/6/19

- Received Internship completion certificate

PROFESSIONAL AFFILIATIONS

Doctoral Student Association, Member

2022-Present

Doctoral Student Association, Vice President

2023-2024

Assistant General Secretary, Social Work Forum,

2019-2020

Faculty of Social Work, MSU, Vadodara, Gujarat, India