

72 Hour Kit Checklist

Being MAV Ready is Being MAV Safe



Start gathering supplies today to help keep you and your family safe for at least 72 hours after an emergency. A 72-hour kit contains basic supplies needed during power outages, severe weather, evacuation, or other disasters when normal services may be unavailable.



First Aid

- ☐ Bandages & gauze
- ☐ Medical tape & dressings
- ☐ Antiseptic wipes & hand sanitizer
- ☐ Medical gloves
- ☐ Antibiotic ointment
- ☐ Cold pack
- ☐ Scissors and tweezers
- ☐ First aid manual
- ☐ Sunscreen



Equipment

- ☐ Flashlight & extra batteries
- ☐ Battery/wind-up radio
- ☐ NOAA weather radio
- ☐ Multi-tool
- ☐ Can opener
- ☐ Matches
- ☐ Duct tape & whistle
- ☐ Work gloves
- ☐ Mess kit
- ☐ Paper & writing supplies
- ☐ Plastic bags



Personal Hygiene

- ☐ Soap & wipes
- ☐ Toothbrush & toothpaste
- ☐ Towel & washcloth
- ☐ Personal hygiene items
- ☐ Deodorant
- ☐ Toilet paper
- ☐ Trash bags
- ☐ Lip balm & insect repellent



Food and Water

- ☐ Water
- ☐ Ready-to-eat foods
- ☐ Canned/boxed foods & drinks
- ☐ High-energy snacks
- ☐ Special dietary foods



Medicine

- ☐ Prescription medications
- ☐ Pain relievers
- ☐ Stomach/diarrhea medications
- ☐ Extra glasses or contacts



Clothes

- ☐ 3-day change of clothes
- ☐ Sturdy shoes
- ☐ Rain gear & hat
- ☐ Blankets or sleeping bag
- ☐ Pillow



Documents/Keys

- ☐ ID & credit cards
- ☐ Cash & coins
- ☐ Spare keys
- ☐ Important records
- ☐ Insurance information
- ☐ Emergency contacts
- ☐ Local maps

Add Your Custom Supplies Here

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Any Questions?

Visit the UTA Office of Emergency Management Website

uta.edu/campus-ops/emergency-management